

NOVEMBER 2026 HAPPENINGS

Monterey Recreation Centre
250-370-7300

OAK  BAY
PARKS, RECREATION
& CULTURE



IN THIS ISSUE

- HOLIDAY MARKET
- VOLUNTEER OPPORTUNITIES
- CLUB & DROP-IN ACTIVITY UPDATES
- UPCOMING EVENTS
- UPCOMING TRIPS
- OAK BAY ARTS WEEKEND
- FRIENDS OF MONTEREY CENTRE UPDATES
- NOVEMBER CALENDAR



Fall Program Registration opens on
Wednesday, December 2

Monterey will be open at 6:30am for
registration!

Active Living Guides will be available
online or for pick up at the Centre on
Wednesday, November 25.

Important Registration Day Reminder
Ensure that your Monterey Membership is
paid up to April 30, 2027 in order to receive
the 15% Monterey Member discount on
select Fall courses at the time of
registration. You may need to renew your
membership early in order to receive the
discount on registration day!

NOVEMBER 2026

WHAT'S HAPPENING AT MONTEREY?



Coffee with a Cop

Thursday, November 12 | 10:00am | Lobby
Oak Bay Police Constables welcome all questions and are excited to connect with you in this informal setting. The Coffee Express will be open for coffee purchase.



Local Makers Holiday Pop-Up Market

Saturday, November 21 | 9:30am-1:00pm
Join us in the Lobby of Monterey Recreation Centre for a festive morning filled with holiday cheer, community connection and local shopping. Browse a wonderful selection of handcrafted gifts from talented local vendors while connecting with friends and neighbours.

Member Birthday

Wednesday, November 25 | 1:30pm | Lobby
Do you have a birthday in November or December? Come celebrate your special day with us at Monterey! Featuring live music by the Monterey Minstrels and baked treats! Thanks to Friends of Monterey for sponsoring this event.



Pro-D Day for Grandparents & Grandkids!

Friday, November 27 | 9:30-10:30am | Garden Court
Monterey member grandparents can bring up to two children 5-8yrs old, to make festive crafts together. Craft supplies and refreshments will be provided. Limited space, advanced registration required at Reception.

Sponsored by Friends of Monterey Centre Society.



NOVEMBER 2026

WHAT'S HAPPENING AT MONTEREY?

Silent Disco!

Friday, November 27 | 3:00-4:00pm | Lobby

Put on a headset and step into the fun of our Silent Disco! This unique dance experience lets you choose from multiple music playlists, so everyone can enjoy the tunes they love—from classics and oldies to upbeat dance hits. With wireless headsets, the room stays quiet while the energy stays high. Dance at your own pace, switch playlists anytime, and enjoy a shared experience that's lively, inclusive, and easy on the ears.



Open Mic

Sunday, November 29 | 1:30-3:00pm | Lobby

November is traditionally Victoria's wettest month, so come on inside and enjoy some musical surprises, plus complimentary beverage and treat, courtesy of FoMCS.

Performers sign in at 1:00pm.



CFAx Santas Anonymous Tree of Wishes

We will be setting up our Tree of Wishes in the Lobby on Monday, November 30.

Each Tree of Wishes is bedecked with Santa Bear tags, each one with a heartfelt gift request from a child in need. Once you've made your selection, simply buy the gift and return it to Monterey Centre with the tag before Friday, December 11.



NOVEMBER 2026

CLUB & DROP-IN ACTIVITIES

World Religions Discussion Group

Friday, November 6 & Friday, December 4

1:00-3:00pm | Dogwood Room

Volunteer Leader: Kathryn Kearney

This discussion series is open to Monterey Members only and covers the world views, key beliefs, ethics, and practices of the five major world religions: Hinduism, Buddhism, Judaism, Christianity, and Islam. This guided and lively discussion group is one in which participant involvement is highly valued and encouraged.

Please sign up in advance at Reception.



Hong Kong Mahjong

Thursdays | 12:15-3:15pm | Garry Oak Room

Volunteer Leader: Cindy Bardy

We now have a Hong Kong style group joining in the Thursday Table Games. Hong Kong Style Mahjong tiles are thicker, heavier, and designed to stand flat on a table without mechanical assistance compared to Western Style Mahjong. Players coming to Hong Kong Mahjong must have experience playing this version as the two styles are not interchangeable.



Club Membership Reminder

Have you joined a Monterey Club over the past year? Don't forget to let Reception know in order to have the Club added to your profile!

NOVEMBER 2026

VOLUNTEERING

We are looking for friendly and enthusiastic volunteers to help in the following areas.

Community Volunteer Income Tax Program (CVITP)

Although it's helpful, you don't need experience doing tax returns to be a volunteer. All CVITP volunteers have access to free training that includes web-based training on how to prepare taxes, use tax software, and understand your responsibilities. Online training can be supplemented with in-person or virtual sessions. If you are interested, please email Nic ndobell@oakbay.ca. For more information on volunteering at a CVITP clinic, please visit canada.ca/tax-volunteer

Coffee Express

We have volunteer shifts available on Thursday mornings from 9:00-11:00am. If you are interested or would like to find out more about this opportunity, please email Volunteer Programmer, Nic Dobell, ndobell@oakbay.ca. Volunteer applications are available for pick up at the Monterey Reception desk.



FREE TALK

Your Next Chapter: Navigating the Move from Home to Supportive Living

Monday, November 23 | 10:00-11:00am | Dogwood Room

Facilitator: Denise Grant, Amica

Considering what your next chapter might look like? Join Denise for an informative and practical talk about the options available when moving from your home to a supportive living environment.

Sign up in advance with Reception.

COURSE SPOTLIGHTS

Hatha Yoga – Beginner 50+

Tuesdays, Nov 3-Dec 15 | 12:00-1:15pm

Member: \$85.75 | Non-Member: \$101

Instructor: Pete Rose

Hatha Yoga is a gentle and effective way to relieve stress, as well as improve flexibility, balance, circulation, concentration, and eliminate tension. Please wear loose, comfortable clothing. Participants need to be able to get up and down from the floor.

Barcode: 256921



Mushrooms in Mixed Media

Sunday, November 8 | 12:45-3:45pm

Cost: \$84

Instructor: Bryony Wynne-Jones

Mushrooms come in over 10,000 species in North America alone. With this variety, they lend themselves to using more than one medium. Join Bryony for this one-day workshop of mixing it up as we explore mediums like chalk, coloured and watercolour pencils, graphite, and paint. Mushrooms are enchanting so let us delve into variety to enhance their strange magic. Supplies required.

Barcode: 266281



Sharpening Your Brain Through Laughter

Sundays, Nov 8-Nov 29 | 1:30-3:00pm

Cost: \$112

Instructor: Brett Macdonald, Be Improv

Join us for a series designed to spark joy and creativity! Explore the world of improvised theatre games, where we focus on enhancing brain agility, physical awareness, and community spirit through laughter and light-hearted fun. Perfect for adults of all ages, these workshops offer a delightful way to boost creativity and joy together (while also keeping our brains sharp!). These are not performance-based workshops, but rather a space for joyful connections.

Barcode: 257331



NOVEMBER 2026

MONTEREY EVENTS

An Afternoon of Remembrance

Tuesday, November 10 | 12:00-12:45pm | FREE | Lobby

Join us for a nostalgic WWII-themed celebration featuring live music in the lobby. Enjoy beloved wartime favourites, performed by members of the Monterey Concert Band. Browse a memorabilia table showcasing wartime artifacts and treasured keepsakes, and view historic photos and images projected on a portable screen. Members are invited to contribute memorabilia items and photographs for the displays by Nov. 1.



Monterey Member Sandy Cotton (2nd from the left) as a young infantry Captain in the Royal 22 Regiment (Vandoos) with his NCOs on UN Peacekeeping duty in Cyprus

Monterey Concert Band Performance

Wednesday, November 25 | 7:00 - 8:30pm | Garry Oak Room

Tickets at the door by donation to The Friends of Monterey Centre Society. Come for an unforgettable performance by Monterey's very own Concert Band! Enjoy a night of incredible live music that's free for everyone to attend. While admission is free, cash donations to Friends of Monterey Centre Society at the door are welcome. There will also be extra performances from small ensembles of concert band members spread throughout the evening.

Seating limited and first come first served. Doors open at 6:30pm.

Monterey Christmas Luncheon

Thursday, December 3 | 12:00-1:30pm | Garry Oak

Members \$25 | Non-Members \$28.75

Tickets on sale November 3 to November 26

Enjoy a traditional Christmas meal featuring roast turkey, potatoes, seasonal vegetables, and a festive dessert (gluten-free and vegetarian options available) while listening to your favourite Christmas music.

Gather with friends in a warm and welcoming atmosphere.

Thank you to Friends of Monterey for keeping this affordable for everyone!

NOVEMBER 2026

TRIPS

CHEMAINUS THEATRE:

THE WICKHAMS - CHRISTMAS AT PEMBERLEY

This trip is currently SOLD OUT!

Saturday, November 28 | 9:30am - 6:30pm

Member Cost: \$208 | Non-Member Cost: \$239

Enjoy a delicious buffet brunch at the Playbill Dining Room. Following brunch, enjoy a stroll through Chemainus. Then sit back and enjoy the Christmas show.

“The Wickhams- Christmas at Pemberley”

Downton Abbey meets Jane Austen in this witty and wonderful Pride and Prejudice sequel. While the family celebrates upstairs, the servants in the downstairs quarters must deal with a shocking holiday scandal when Mr. Wickham, Darcy’s nemesis and Lydia’s spouse, stumbles in. A splendid, festive gift!

Ticket price includes transportation, tax, gratuity, show tickets, and brunch buffet.

NIGHT OF LIGHTS WITH GINGERBREAD HOUSE TOUR

Wednesday, December 16 | 5:30pm-9:00pm

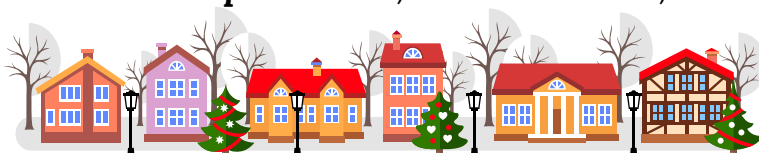
Thursday, December 17 | 5:30pm-9:00pm

Member Cost: \$25 | Non-Member Cost: \$28.75

Tickets on sale November 13 - December 10

‘Tis the Season to enjoy the magic of the holidays! Let Monterey tour guides take you around town, starting with touring the Gingerbread House Show at Hotel Grand Pacific (visitors are encouraged to donate when they vote for their favourite Gingerbread creation so feel free to bring cash). The tour continues to some of the most brilliant light displays, while sipping a warm drink and enjoying some delicious treats.

Tickets include transportation, hot chocolate, and baked good.



NOVEMBER 2026

WHAT'S HAPPENING IN OAK BAY?

Concert of Remembrance

Saturday, November 7 | 7:30-9:00pm | Pay-what-you-can

Dave Dunnet Community Theatre at Oak Bay High School



This annual theatrical reflection honours sacrifice through song and poetry, while giving the emerging artists at CCPA a chance to connect with their community. Presented by the Canadian Heritage Arts Society in partnership with the District of Oak Bay. Performed by the Canadian College of Performing Arts and the Band of the 5th (BC) Field Regiment, Royal Canadian Artillery.

Tickets are pay-what-you-can at the door, or in advance at

ccpacanada.thundertix.com

OAK BAY
ARTS
Weekend



FALL
2026
NOVEMBER



COCKTAILS & CONVERSATION

Enjoy a cocktail or mocktail as you mingle with artists working in a variety of artistic disciplines.

📍 Monterey Recreation Centre

🕒 5:00 - 7:00 p.m.



ART EXHIBITION, DEMONSTRATION & SALE

Discover a refined selection of fine art, thoughtfully curated to showcase the depth and range of local artists.

📍 Monterey Recreation Centre

🕒 9:00 a.m. - 3:00 p.m.



ARTISTS' STUDIO TOUR

Tour from space to space, meet the makers, hear the stories behind their work, and soak up the energy of art in progress.

📍 Various Locations Around Oak Bay

🕒 12:00 - 4:00 p.m.

Christmas Light Up Festival

Sunday, November 29 | 2:00-7:30pm

Light Up celebrates the start of the festive season in Oak Bay Village.

Live entertainment begins at 3:00pm.

Plus thousands of lights on buildings, trees and lampposts throughout the Village. Santa Claus arrives on an Oak Bay Fire Truck at

5:00pm to really get things started!

This event is put on by the Oak Bay Business Improvement Association.



NOVEMBER 2026

NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7 Concert of Remembranch 7:30-9:00pm Oak Bay High School 
8	9	10 Afternoon of Remembrance 12:00-12:45pm Lobby 	11 Remembrance Day Centre Open 1:00-4:00pm 	12 Coffee with a Cop 10:00am Lobby	13 OB Arts Weekend Cocktails & Conversations 5:00-7:00pm Lobby	14 OB Arts Weekend Exhibition 9:00am-3:00pm Garden Court
15	16	17	18	19	20	21 Local Makers Pop-Up Market 9:30am-1:00pm Lobby
22	23 Free Talk Supportive Living 10:00-11:00am Dogwood	24	25 Member Birthday 1:30pm Lobby Concert Band Performance 7:00-8:30pm Garry Oak	26	27 Pro-D Day Activity 9:30-10:30am Garden Court Silent Disco! 3:00-4:00pm Lobby	28 Chemainus Trip Christmas at Pemberly 9:30am-6:30pm *ticket required
29 Open Mic 1:30-3:00pm Lobby	30					

Remembrance Day Hours:

Wednesday, November 11: 1:00pm-4:00pm

Centre Hours

Monday - Thursday: 8:30am-9:00pm

Friday: 8:30am - 4:30pm

Saturday: 8:30am-4:00pm

Sunday: 11:30am-4:00pm

Statutory Holidays: 1:00pm-4:00pm