

OCTOBER 2026 HAPPENINGS

Monterey Recreation Centre
250-370-7300



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OAK BAY
PARKS, RECREATION
& CULTURE

Municipal Election Voting

Monterey will be a voting place for the upcoming
Municipal Election on the following dates.

Advanced Voting

- October 7 | 8:00am-8:00pm | Garry Oak Room
- October 14 | 8:00am-8:00pm | Garry Oak Room

Election Day

- October 17 | 8:00am - 8:00pm | Garry Oak Room

Programs that typically run in the Garry Oak
room will be cancelled on these dates.

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WHAT'S HAPPENING AT MONTEREY?



New Member Meet & Greet

Wednesday, October 7 | 1:30pm | Lobby

This event is for new and prospective Monterey Members to learn about the Centre, tour the facility, and connect with fellow members.

No registration required.

Great BC ShakeOut Earthquake Drill

Thursday, October 15 | 10:15am | Lobby

Join millions of people worldwide practising how to drop, cover, and hold on during the Great BC ShakeOut earthquake drill.

A recorded earthquake preparedness message will be played throughout all of the activity rooms.



Open Mic

Sunday, October 25 | 1:30-3:00pm | Lobby

October brings the colours of autumn, Thanksgiving celebrations and our Monterey Social Club Open Mic. Join us for an afternoon of musical surprises and complimentary goodies, courtesy of FoMCS.

Performers please arrive at 1:00pm to check-in.



Flu Shot Clinic

Thursday, November 5 | 9:30am - 12:30pm | Lobby

In partnership with Oak Bay Pharmasave, we are hosting a free Flu Shot Clinic.

Advanced registration required, sign up at Reception.
Flu shot only, no COVID shots available at this clinic.



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FOOD SERVICES

Thanksgiving Special Entrée

Thursday, October 8 | 11:00am-1:00pm | Fern Café | \$17.00

Join us for a classic holiday feast in the Fern Café, featuring turkey, potatoes, stuffing, vegetables and gravy served with a homemade pumpkin tart for just \$17.00.

First come, first served, while quantities last. Eat-in only.

There are no tickets sold for this entrée.

Volunteer Opportunity

We are looking for friendly and enthusiastic volunteers to serve in our Coffee Express.

We have volunteer shifts available on

Thursday mornings from 9:00-11:00am and

Thursday afternoons from 1:30-3:30pm

If you'd like to find out more about these volunteer opportunities, reach out to our Volunteer Programmer Nic at ndobell@oakbay.ca.

Volunteer applications are available at Reception.

CLUB & DROP-IN ACTIVITIES

Monterey Centre Club Member Art Exhibition Terms & Conditions

As part of Monterey Recreation Centre's commitment to celebrating creativity and older adult arts participation, eligible art clubs may be offered the opportunity to exhibit participant artwork in the Monterey Centre Lobby and/or Fern Café areas.

To be eligible for an exhibition opportunity:

- The club member must maintain an average participant attendance of 50% or greater during the applicable program or club session.
- All club members exhibiting their artwork are required to sign the Art Display Agreement.

FREE TALKS



Wills & Estates

Friday, October 16 | 1:00-2:30pm | Dogwood Room

Facilitator: Jessica Izard, Cook Roberts

Learn about the importance of estate planning including, wills, power of attorney, health care representation agreement, probate and estate administration.

Sign up in advance with Reception.

Bingo for Belonging: Making Meaningful Connections

Monday, October 19 | 1:00-2:30pm | Dogwood Room

Facilitator: Emma Goulding, Oak Bay Volunteer Services

Join the Greater Victoria Community Connector based at Oak Bay Volunteer Services, for a lively hour built around Bingo for Belonging, an interactive bingo game that gets us talking, sharing, laughing, discovering what we have in common, and learning something new about one another along the way. As we play, we'll explore simple, everyday ways to meet new people, build meaningful connections, and find more opportunities to feel part of your community. Come on your own or bring a friend.

Either way, you won't be playing alone.

Sign up in advance with Reception.



ICBC Driving Talk



Wednesday, October 28 | 3:30-5:00pm | Douglas Fir Room

Facilitator: Colleen Woodger, ICBC Road Safety & Community Coordinator

Learn important information and tips for senior drivers. Colleen will explain how the Driver's Medical Examination Report (DMER) works for all drivers turning 80 years of age. Learn about all of the helpful vehicle equipment available today including, GPS, rear back-up cameras, oversized rearview mirrors, lane departure or forward collision warning systems.

Sign up in advance with Reception.

COURSE SPOTLIGHTS

Watercolour Flowers: Paint the Flowers of Provence

Tuesdays, Oct 6-27 | 1:30-3:30pm

Member: \$96 | Non-Member: \$113

Instructor: Bryony Wynne-Jones

Sunflowers, figs, roses, aubergines and all the colour and texture at your paint brush's tip. Paint a basket of roses, lilies or pears. Bryony will take you from the first pencil stroke to the finishing touches of a bright and luscious painting. Beginners most welcome. Come and paint and brighten your day with the colours of spring and summer in the south of France. Please bring a \$10 fee to the instructor for flowers. Supplies required.

Barcode: 264533

Spanish for Travellers

Tuesdays, Oct 27-Dec 1 | 1:00-2:30pm

Member: \$123.5 | Non-Member: \$145

Instructor: Monica Gil Riba

An introductory course for adults planning a trip to Latin America or Spain, and for those interested in the language and culture. This course stresses the 'practical' aspects, offering rudimentary conversational Spanish and important information on food, drink, shopping, and culture of the region. Please bring \$5 to the first class to cover the cost of handouts.

Barcode: 257820

MONTEREY EVENTS

SAVE THE DATE

An Afternoon of Remembrance

Tuesday, November 10 | 12:00-12:45pm | FREE | Lobby

Join us for a nostalgic WWII-themed celebration featuring live music in the lobby. Enjoy beloved wartime favourites, performed by members of the Monterey Concert Band. Browse a memorabilia table showcasing wartime artifacts and treasured keepsakes, and view historic photos and images projected on a portable screen. Members are invited to contribute memorabilia items and photographs for the displays. We ask that members who would like to contribute items or photos to the Memorabilia table, drop their items off with Nic Dobell by November 1st.

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TRIPS

UPDATED DATE!

CHEMAINUS THEATRE: PERIL IN THE ALPS

Thursday, October 22 | 9:30am - 6:30pm | Member Cost: \$146 | Non-Member Cost: \$175

Tickets on sale now until October 8.

Sit back and enjoy the musical “Peril in the Alps”. Come for a fresh new take on Agatha Christie’s novel transformed into a whodunit thrill ride in the snow-capped Swiss Alps! Can Hercule Poirot and sidekick Captain Hastings solve a kidnapping case before it gets worse, in this frolickingly funny mystery?

Ticket price includes transportation, tax, gratuity, and show tickets.



CHEMAINUS THEATRE: THE WICKHAMS - CHRISTMAS AT PEMBERLEY

Saturday, November 28 | 9:30am - 6:30pm | Member Cost: \$208 | Non-Member Cost: \$239

Tickets on sale October 8 - November 12

Enjoy a delicious buffet brunch at the Playbill Dining Room. Following brunch, enjoy a stroll through Chemainus. Then sit back and enjoy the Christmas show.

“The Wickhams- Christmas at Pemberley”

Downton Abbey meets Jane Austen in this witty and wonderful Pride and Prejudice sequel. While the family celebrates upstairs, the servants in the downstairs quarters must deal with a shocking holiday scandal when Mr. Wickham, Darcy’s nemesis and Lydia’s spouse, stumbles in. A splendid, festive gift!

Ticket price includes transportation, tax, gratuity, show tickets, and brunch buffet.



FRIENDLY REMINDERS



Please remember to wear clean, non-marking footwear for all fitness and dance programs.



Please use drinkware with a secure, spill proof lid in all program areas. If you see a spill on the floor notify a staff member or instructor immediately to avoid a safety hazard.



Parking reminder: Please pull fully into your parking stall in order for other vehicles to safely pass behind parked cars throughout the parking lots.



Did you renew your Monterey membership early? If so, you will still receive a renewal reminder email that is tied to your expiring membership. If you've already renewed you can disregard the reminder email.



All Clubs, Drop-In Programs and Fitness classes will be cancelled on Friday, October 23 and Saturday, October 24 for the Bazaar set up and sale day.

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FRIENDS OF MONTEREY CENTRE SOCIETY

FoMCS Bazaar Sale!

Saturday, October 24 | 9:00am - 1:00pm

Cash Only, Bring Your Own Bag

Donations accepted Monday, Oct. 19 - Thursday, Oct. 22.

What's accepted: Jewellery, Christmas Décor, Art Gallery Items, Books (not book sets), CDs & Records, Fabrics & Crafts, Knitwear, Linen & Bedding, Puzzles, Games & Toys, Household Items, Serving & Barware Items, Home Glassware, Home Décor, Office Supplies.

What's not accepted: Clothing, Book Sets, Large Furniture, Large Sporting Equipment, Electronics, Computers, Monitors, TVs, Phones, VCRs & 8 Tracks.

**Volunteers are needed for both the set up and sale day,
sign up to volunteer at Reception!**

FoMCS President's Message

At the Board's September meeting, we confirmed the dates for two upcoming General Meetings. The first will be on Thursday, November 12th, and the second will be on Thursday, March 4th 2027. The November meeting is the 2026 Annual General Meeting, delayed this year due to ongoing litigation against the society. It will include a review of financial documents and a report on activities from the Treasurer and the President. The second meeting in March will be primarily for elections to select a new board, as the existing terms for all of the Directors comes due on in March. More details to follow.

Neil Campbell - FoMCS President

Fun, Friendship and Learning

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OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7 New Member Meet & Greet 1:30pm Lobby Advanced Voting Municipal Election 8:00am -8:00pm	8	9	10
11	12 Thanksgiving Day Centre Open 1:00-4:00pm 	13	14	15	16 Free Talk Wills & Estates 1:00-2:30pm Dogwood	17
18	19 Free Talk Making Connections 1:00-2:30pm Dogwood Accepting Bazaar Donations until 4:00pm	20 Accepting Bazaar Donations until 4:00pm	21 Accepting Bazaar Donations until 4:00pm	22 Chemainus Theatre Trip 9:30am-6:30pm Accepting Bazaar Donations until 12:00pm	23 No programs running today due to Bazaar set up day	24 Bazaar Sale 9:00am- 1:00pm
25 Open Mic 1:30-3:00pm Lobby	26	27	28 Free Talk ICBC Driving 3:30-5:00pm Douglas Fir	29	30	31 HAPPY HALLOWEEN 

Thanksgiving Weekend Hours:

Saturday October 10: 8:30am-4:00pm

Sunday October 11: 11:30am-4:00pm

Monday October 12: 1:00pm-4:00pm

Centre Hours

Monday - Thursday: 8:30am-9:00pm

Friday: 8:30am - 4:30pm

Saturday: 8:30am-4:00pm

Sunday: 11:30am-4:00pm

Statutory Holidays: 1:00pm-4:00pm