



2026-27 NOVICE HOCKEY LEAGUE COYOTES - 9-14 YEARS OLD

SUNDAYS –7:00-8:00PM
SEPTEMBER 13 – MARCH 14

SEPTEMBER – OCTOBER

Key Skill: Skating

- Proper stance
- Strides & Balance
- Stopping
- Turning & Crossovers
- Backwards Skating

GAME NIGHT

OCT. 4

TIPS TO WORK ON AT HOME

- Work on proper technique using roller blades
- Balancing Drills
- Sprints
- Relay Races

NOVEMBER – DECEMBER

Key Skills: Puck Skills

- Stick Handling
- Passing
- Shooting
- Skating Review
- Puck Skills Review

**GAME NIGHT/PARENTS
NIGHT**

OCT. 25/NOV. 29/DEC. 13

CANCELLED CLASSES
DEC. 20/ Dec.27/ JAN. 3

TIPS TO WORK ON AT HOME

- Use tennis balls to work on puck control
- Set up a net at home to practice various shots – Slap shots, wrist shots and backhand
- Play pass of a wall with tennis ball

JANUARY – FEBRUARY

**Key Skills: Strategy and
Gameplay**

- Skating Review
- Puck Skills Review
- Passing & Shooting
- Offensive Play
- Defensive Play
- Team Play

GAME NIGHT

JAN. 31/ FEB. 28/ MAR.
14

TIPS TO WORK ON AT HOME

- Play organized games with friends/family
- Watch professional hockey games – pay close attention to players positioning