

JULY 2026 HAPPENINGS

Monterey Recreation Centre
250-370-7300

OAK BAY
PARKS, RECREATION
& CULTURE



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Summer Centre Hours: effective July 1

Monday - Tuesday: 8:30am-4:30pm

Wednesday: 8:30am-9:00pm

Thursday - Friday: 8:30am - 4:30pm

Saturday: 8:30am-4:00pm

Sunday: 11:30am-4:00pm

Statutory Holidays: 1:00pm-4:00pm

Fall Program Registration opens on
Wednesday August, 12.

Monterey will be open at 6:30am for registration!
Active Living Guides will be available online or for
pick up on Wednesday, August 5.

SAVE THE
DATE

JULY 2026

WHAT'S HAPPENING AT MONTEREY?

A stylized logo for a 'MEET AND GREET' event. The words are written in a bubbly, pink font with yellow stars and blue diamond shapes scattered around the letters. The entire logo is set against a dark blue, cloud-like background.

New Member Meet & Greet

Wednesday, July 8 | 1:30pm | Lobby

This event is for new Monterey Members to learn about the Centre, tour the facility, and connect with fellow members. No registration required.



Music & Ice Cream

**Tuesday, July 21 | 2:00-3:00pm
while quantities last.**

Visit Coffee Express for a complimentary ice cream bar courtesy of Friends of Monterey Centre Society and enjoy live music in the lobby by Monterey's own talented musicians.



Open Mic - Summer Series

Sunday, July 26 | 1:30-3:00pm | Lobby

Monterey Open Mic continues its summer series of featured artists with special guest Ron Gibson. Join Ron as he entertains with pop, jazz and rock classics, and more contemporary tunes from artists such as Laufey and Billie Eilish. Joe Wittek joins on lead guitar. Coffee Express will offer a complimentary beverage and treat courtesy of FoMCS at 1:30pm.

JULY 2026

VOLUNTEERS

Volunteer Survey

Thank you to all of our MRC Volunteers who participated in the recent volunteer survey. Your valuable feedback and insights help us continuously improve our programs, services, and volunteer experiences. We sincerely appreciate your feedback and your commitment to making our community even stronger. You can pick up a copy of the survey results at Reception.

FOOD SERVICES

Fern Café

Looking for a bite to eat?

Visit the Fern Café for homemade soups, salads, baked goods, and sandwiches served daily with gluten-free and vegetarian options available.

Monday to Friday 10:30am-2:00pm

Hot meals served 11:00am-1:00pm



Coffee Express

Need a pick-me-up?

Be sure to visit the Coffee Express in the Monterey Lobby where friendly volunteers are serving up hot and cold beverages and house-baked goods.

Monday to Friday

9:00am-11:00am | 1:30pm-3:30pm

CLUB & DROP-IN ACTIVITIES



Monterey Concert Band: The July - December fees for Concert Band Club are due as of July 1. Please see Reception to register and pay at your next Concert Band practice!



Table Tennis Club: Table Tennis will have some added daytime sessions for July and August only.

Tuesdays 2:00 - 4:00pm
Fridays 1:00 - 4:00pm

The following Clubs & Drop-In activities will be taking a summer break:

Book Clubs 1 - 3: will be on a break in July & August.

Carpet Bowling: will be on a break in July & August.

Classic Tunes Sing-Along: will be on a break in July & August.

French Club: will be on a break in July & August.

Garden Club: will be on a break in July & August.

Karaoke Drop-In: will be on a break in July & August.

Merry Widows: will be on a break July & August.

Monterey Chorus: will be on a break from June through to the end of August.

Poetry Discussion Group: will be on a break in July & August.

Philosophy Discussion: will be on a break in July & August.

Sing-Along Club: will have two sessions this summer on July 23 and August 20.

Table Tennis Club: all evening sessions are cancelled for July & August.

Topics in the News: will be on a break in July & August.

COURSE SPOTLIGHTS

Wonderful Watercolours for Beginners

Monday, July 6 - Friday, July 10

1:00-3:30pm | Cost: \$140

Instructor: Dixie MacUisdin

This introduction to painting explores the wonderful properties of watercolours through brush techniques, colour mixing, layering, masking and adding ink. All levels welcome! Supplies required.

Barcode: 247567

Explore Rust, Metals, Vehicles & Tools in Watercolours

Monday, August 10-Friday, August 14

1:00-3:30pm | Cost: \$140

Instructor: Riette Gordon

Summer brings many things to light, from old tools to rusting parts or well-hidden vehicles. In a supportive environment, this immersive program will cover various techniques, including colour choice and shading. For all levels of artists with some experience. Supplies required.

Barcode: 247894

MONTEREY DROP-IN FITNESS

MONDAY

Moderate Fitness 9:00-9:45am

Mild Fitness 10:00-10:45am

Sit & Fit 11:00-11:45am

TUESDAY

Moderate Fitness 9:00-9:45am

WEDNESDAY

Moderate Fitness 9:00-9:45am

Mild Fitness 10:00-10:45am

THURSDAY

Moderate Fitness 9:00-9:45am

FRIDAY

Moderate Fitness 9:00-9:45am

Mild Fitness 11:00-11:45am

Sit & Fit 12:00-12:45pm

***NO DANCE EXPRESS CLASSES
FOR JULY & AUGUST**

JULY 2026

TRIPS

CHEMAINUS THEATRE: DIRTY ROTTEN SCOUNDRELS

Saturday, August 15 | 9:30am - 6:30pm | Member Cost: \$205 | Non-Member Cost: \$235

[Tickets on sale June 26 - July 30.](#)

Enjoy a delicious buffet brunch at the Playbill Dining Room. Following brunch, enjoy a stroll through Chemainus. Then sit back and enjoy the musical “Dirty Rotten Scoundrels”. Travel to the French Riviera for the ruthlessly funny Tony-nominated musical, Dirty Rotten Scoundrels, inspired by the hit 1988 film! A small-time con man and a successful swindler wage a battle of wits to dupe an American heiress! Who will win the big bet? *Ticket price includes transportation, tax, gratuity, show tickets, and brunch buffet.*

CHEMAINUS THEATRE: PERIL IN THE ALPS

Saturday, September 26 | 9:30am - 6:30pm | Member Cost: \$191 | Non-Member Cost: \$220

[Tickets on sale July 31 - September 10](#)

Enjoy a delicious buffet brunch at the Playbill Dining Room. Following brunch, enjoy a stroll through Chemainus. Then sit back and enjoy the musical “Peril in the Alps”. Come for a fresh new take on Agatha Christie’s novel transformed into a whodunit thrill ride in the snow-capped Swiss Alps! Can Hercule Poirot and sidekick Captain Hastings solve a kidnapping case before it gets worse in this frolickingly funny mystery? *Ticket price includes transportation, tax, gratuity, show tickets, and brunch buffet.*

INTEREST LIST: BEYOND VAN GOGH & MONET

Saturday, August 29 | 9:30am - 6:30pm | Member Cost: \$130 | Non-Member Cost: \$150

[Tickets expected to go on sale July 15 - August 15](#)

Come with us to Nanaimo to experience the artwork of two world-renowned artists: Vincent Van Gogh & Claude Monet at the Vancouver Island Conference Centre. Step inside a canvas filled with colour and emotion that blends digital and classical elements in two immersive experiences. On the way we’ll stop for brunch at the Doghouse Family restaurant in Duncan and then continue the trip to Nanaimo for a 2:00pm viewing. *Tickets price will include transportation, tax, and ticket. Ticket price will NOT include meal.*

MONTEREY EVENTS



TRIVIA PUB NIGHT

Tuesday, September 22 | 5:00 - 8:00pm | Member Cost: \$25 | Non-Member Cost: \$30

[Tickets on sale August 4 - September 8](#)

Put your knowledge to the test at our Trivia Pub Night with Tom Watson! Gather your friends, enjoy great food and drinks, and compete in a fun-filled evening of brain-teasing questions, great songs, friendly competition, and exciting prizes. Join us for laughs, teamwork, and a chance to claim ultimate bragging rights! Before we get to playing trivia, you'll enjoy a delicious meal of lasagna, garlic toast, caesar salad (vegetarian and gluten free options available), and a yummy dessert to follow!

Thank you to Friends of Monterey Centre Society for helping keep the cost of this event low for attendees.

COMMUNITY EVENTS



Free Yoga in the Park

Tuesdays, July 7-August 25 | 6:00-7:00pm | Willows Beach Park

Presented by Oak Bay Parks, Recreation and Culture.

Experience the benefits of outdoor yoga this summer at Willows Beach Park. These free, all-levels classes are led by experienced instructors. Bring your own yoga mat and water bottle. No registration required.

Free Summer Concerts In the Park

Thursday, July 9 & 23 | 6:00pm | Willows Beach Park

Experience unforgettable summer nights at Willows Beach, where live music, ocean views, and community spirit come together. Each free concert showcases local performers and spotlights fresh new musicians destined to impress.

Thursday, July 9 - Daniel Cook & The Radiators

Thursday, July 23 - Groove Circus



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FRIENDS OF MONTEREY CENTRE SOCIETY

Special thanks to Friends of Monterey Centre Society for making a difference by funding a new TV for the Dogwood Room and financially supporting events for Monterey Members including: Walk for Health, Members Birthday Celebrations, Summer Ice Cream Events, the early Canada Day Barbeque, and the Monthly Open Mic refreshments. Your financial support ensures that social events for Monterey Members are affordable and accessible for all.



FoMCS President's Message

The last FoMCS event before the Board breaks for the summer will be the early Canada Day BBQ. I'm pleased to report that at our most recent board meeting, the Board approved six funding requests for MRC, including the free summer ice-cream and music events, and a music trivia event to be held in September. Although the Board will not be formally meeting in July and August, we will be working on a number of projects and will be around the Centre throughout the summer. We're hoping to connect with members for informal chats when you see us around the Centre, or at any Monterey and Oak Bay Parks and Recreation events.






Have a good and enjoyable summer!

Neil Campbell - FoMCS President

Fun, Friendship and Learning

JULY 2026

JULY

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Canada Day Centre Open 1:00pm-4:00pm 	2	3	4
5	6	7 Yoga in the Park 6:00-7:00pm Willows Beach Park	8 Oak Bay Night Market 4:00-8:00pm Oak Bay Ave.	9 Summer Concerts in the Park 6:00-7:30pm Willows Beach Park	10	11
12	13	14 Yoga in the Park 6:00-7:00pm Willows Beach Park	15	16 Arts Alive Opening Ceremony 6:30-9:00pm www.oakbay.ca/events	17	18
19 Oak Bay Collector Car Festival 8:00am-3:00pm Oak Bay Ave.	20	21 Free Ice Cream 2:00pm Coffee Express while quantities last! 	22	23 Summer Concerts in the Park 6:00-7:30pm Willows Beach Park	24	25
26 Open Mic Feature Musician 1:30-3:00pm Lobby 	27	28 Yoga in the Park 6:00-7:00pm Willows Beach Park	29	30	31	

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