

Summer - Skating Drop-in Schedule

(June 29 – Sept 7, 2026)

This schedule is subject to change.
Please note specific session end dates.

OAK BAY
PARKS, RECREATION
& CULTURE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Summer Private Skate Lessons 9:00am – 12noon (July 4 – Aug 29) <i>*registered program</i>	Over 40 Duffer Hockey 8:30am-9:45am (July 5 – Aug 30)
						Over 60 Duffer Hockey 10:00am-11:15am (July 5 – Aug 30)
					Summer Stick & Puck 3:30pm-4:45pm (July 4 – Aug 29)	Everyone Welcome 3:00pm-4:15pm (ends -Aug 30)
	Adult Summer Hockey League 6:30pm-10:45pm (July & Aug) <i>*registered program</i>		Adult Summer Hockey League 9:15pm-10:30pm (July & Aug) <i>*registered program</i>	Adult Summer Hockey League 6:15pm-9:00pm (July & Aug) <i>*registered program</i>	Over 18 Duffer Hockey 5:00pm-6:30pm (July 4 – Aug 29)	



OAK BAY RECREATION CENTRE

1975 Bee Street | 250-595-7946 | oakbay.ca/recreation

Descriptions

Everyone Welcome - Skating for all ages.

Summer Stick and Puck

Practice your stick handling and passing skills. Players must wear a helmet, hockey gloves and bring a stick. Participants under 18 must wear a full-face shield. Hard pucks are allowed. No game play.

- All Participants Pay at the front till.
- All Participants must wear helmet, hockey gloves, skates and bring their own stick.
- No Equipment is provided. Skate rentals available for purchase
- Participants under 18 must wear a full-face shield.
- No Goalies
- No Slap shots
- Hard pucks provided.

Over 60, Over 50, Over 40 and Over 18 Duffer Hockey

Co-ed Hockey for players and goalies of all skills and abilities.

Adult Hockey League

This is a non-contact league for adults, with all ability levels welcome to join. All games are officiated. Full hockey gear and CSA approved helmets are mandatory. This is a registered program that can be signed up for as a player or a goalie. Fall League runs from September to December. Winter League runs from January to March and Spring League runs from April to June.

Duffer Hockey Drop-in Guidelines

DUFFER HOCKEY OVER 40 CO-ED

- Register online after 6:30pm the day prior to playing.
- Players must arrive in person by 8:20am to keep their spot.

DUFFER HOCKEY OVER 60 CO-ED

- Register online after 6:00pm the day prior to playing.
- Players must arrive in person by 9:50am to keep their spot.

DUFFER HOCKEY OVER 18 CO-ED

- Register online after 6:00pm the day prior to playing.
- Players must arrive in person by 4:50pm to keep their spot.

Full gear is mandatory. A visor, neck-guard and shoulder pads are highly recommended.

Goalies play for free. Register up to two weeks in advance online or call Reception at 250-595-7946.

Pre-registration privileges will be revoked after two unexplained absences.

How to Register Online

1. Ensure your online account and login is set up.
2. Login with user ID and password at:
oakbayrec.perfectmind.com
3. Click **Schedule** Button near the top left of the screen.
4. Click **Duffer Hockey** under the Skating menu.
5. Select **date** and **type of Skate Session** and click **Reserve**. You are added to the waitlist if the session is full.
6. Choose your method of payment.