

# FEBRUARY 2026 HAPPENINGS

Monterey Recreation Centre  
250-370-7300

OAK BAY  
PARKS, RECREATION  
& CULTURE



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- FEBRUARY CALENDAR



**FoMCS Rummage Sale!**  
Saturday, February 21 | 9:00am-1:00pm  
See inside for more details on donations

Due to the Rummage Sale & set-up day, there will be no classes, courses, drop-in activities or clubs running on Friday, Feb. 20 or Saturday, Feb. 21

## Family Day

Monday, Feb. 16 the Centre will be open 1:00pm - 4:00pm. Reminder there will be no drop-in classes or courses running on this statutory holiday.

## WHAT'S HAPPENING AT MONTEREY?

### New Member Meet & Greet

Wednesday, February 4 | 1:30pm | Lobby

This event is for new Monterey Members to learn about the Centre, tour the facility, and connect with fellow members. If you can't attend this month, we'll have a Meet & Greet on the first Wednesday of every month. No registration required.



### Silent Disco!

Friday, February 13 | 3:00-4:00pm | Lobby

Join us for a love themed free, fun, silent, dance event. Headsets and treats provided for those attending. Put on a headset and step into the fun of our Silent Disco! With wireless headsets, the room stays quiet while the energy stays high. Dance at your own pace, and enjoy a shared experience that's lively, and inclusive—no loud speakers required!



### Karaoke Drop-In

Wednesday, February 18 | 3:00-4:30pm | Dogwood Room

Get ready to sing, sway, and soak up island vibes at our Hawaiian-themed karaoke! Throw on your best tropical attire and take the mic for your favorite hits while we bring the aloha spirit with fun and laughter. Whether you're a seasoned singer or just in it for the vibes, it's an afternoon of music you won't want to miss.



FEBRUARY 2026

# WHAT'S HAPPENING AT MONTEREY?



## Open Mic

**Sunday, February 22 | 1:30 - 3:00pm | Lobby**  
With Valentine's Day and a Family Day holiday this month, we will celebrate with some of the all time great love songs for your enjoyment at Open Mic. Come by Monterey on the last Sunday of the month and enjoy the sounds of local musical talents. Musicians are asked to arrive early and check-in with the session leader at 1:00pm.

## Public Emergency Preparedness Session

**Tuesday, February 24 | 7:00-8:00pm | Garry Oak Room**

**Are you prepared for the unexpected?**

Join the District of Oak Bay Emergency Program for a free, informative session on how to get ready for emergencies. Learn practical steps to protect yourself and your family, understand emergency alerts, build an emergency kit, and create a plan that works for your home.

This is a free session but advanced registration is required please register online [www.oakbay.ca](http://www.oakbay.ca) or call 250-370-7300.



## Pink Shirt Day

**Wednesday, February 25**

**Sprinkle Kindness!**

Join the staff at Monterey in taking a stand against bullying and raising awareness by wearing pink on Wednesday, February 25.

## FOOD SERVICES

### Fern Café

Looking for a bite to eat?

Visit the Fern Café for homemade soups, salads, baked goods, and sandwiches served daily with gluten-free and vegetarian options available.

Monday to Friday 10:30am-2:00pm

Hot meals served 11:00am-1:00pm



### Coffee Express

Need a pick-me-up?

Be sure to visit the Coffee Express in the Monterey Lobby, where friendly volunteers are serving up hot and cold beverages, house-baked goods, and hot breakfast sandwiches.

Monday to Friday

9:00am-11:00am | 1:30pm-3:30pm



### Chinese New Year Special Entree

*GONG XI FA CAI*



Tuesday, February 17 | 11:00am-1:00pm | Fern Café

Celebrate Chinese New Year in the Fern Café, with a special entree of chow mein, fried rice, and a spring roll all for just \$10.40!

First come, first served, while quantities last.

There are no ticket sold for this entree.



## CLUB & DROP-IN ACTIVITIES

### Seeking Volunteer Woodshop Attendants!

We are looking for current Woodcrafter Club Members who are willing to commit to a two-hour weekly volunteer shift for a minimum of 4 weeks.

Woodshop Attendants will receive a complimentary coffee and baked good coupon each shift.

If you are interested please contact Nic Dobell, Events and Volunteers Programmer at 250-370-7309 or [ndobell@oakbay.ca](mailto:ndobell@oakbay.ca)

### Agemates 2

2<sup>nd</sup> & 4<sup>th</sup> Monday of the month | 10:30am - 12:00pm | Pine Room

Join a lively, welcoming, and inclusive group of women with diverse backgrounds, interests, experiences and situations for discussions on current events, social issues and personal experiences. Meetings are spirited and fun, providing support and friendship to group members while valuing everyone's unique perspective and contributions.

### Carpet Bowling

1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month | 3:00-4:00pm | Oak Room

This low-impact game is a great way to stay active, sharpen skills, and share laughs with friends. Whether you're a seasoned player or new to the game, carpet bowling offers the perfect mix of gentle exercise, strategy, and social connection.

Come roll with us, you'll be surprised how much fun fits on a carpet!

### Merry Widows

2<sup>nd</sup> Saturday of the month | 2:00-3:45pm | Bamboo Room

The Merry Widows Group is a club where laughter takes center stage. Together, we share stories, smiles, and moments of genuine joy that lift spirits and lighten hearts. In an atmosphere of understanding and friendship, humour becomes a powerful way to connect, heal, and move forward. Surrounded by others who truly understand, members find that laughter is not just welcome—it is essential.

## INCOME TAX PROGRAM

Monterey Recreation Centre is pleased to be able to offer this valuable free service, in partnership with the CRA, to eligible patrons from March 4 - April 30.

This service is for simple tax returns only.

To be eligible, your earnings for the year must be \$40,000 or less.

Appointments may be booked with Reception starting Tuesday, February 3rd.

Couples must book two appointment time slots.

This program is a service provided by the CRA and, as such, any questions or concerns should be directed to CRA directly by calling 1-800-959-8281.

Please note: Monterey Recreation Centre only provides the appointment room, support for the volunteers, scheduling of appointment and cannot answer tax related questions.



*This program is made possible by the dedication and commitment of the Community Volunteer Income Tax Program.*



## FREE TALKS

### **Social Prescribing in Action: Community, Connection & Wellbeing**

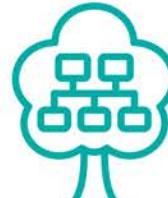
**Monday, February 23 | 10:00-11:30am | Dogwood Room**

**Guest Speaker: Emma Goulding, Oak Bay Volunteer Services**

**Learn how social prescribing works in practice from identifying social needs, to developing personalized wellbeing plans, to connecting participants with community programs that promote wellbeing.**

**Understand its impact and how you can contribute to this growing movement.**

**Advance registration required, contact Reception 250-370-7300.**



### **Putting Yourself in Your Family Tree – an Introduction to Genealogy**

**Friday, February 27 | 1:00-2:30pm | Dogwood Room**

**Guest Speaker: Joanne Barnard, Victoria Genealogical Society**

**Are you interested in your family history? Would you like to pass on information and stories about your family to your children, grandchildren or other family members? This presentation will give you the basics of creating your own family tree – where to start, what to look for, where to find reliable information and how to use two basic genealogical charts for saving and sharing what you discover. Aims and activities of the Victoria Genealogical Society will be briefly described so that you can decide if the VGS is something that could assist you with your genealogical goals.**

**Advance registration required, contact Reception 250-370-7300.**

## EVENTS



### Winter Luau

Thursday, February 5 | 12:30-2:00pm | Garry Oak Room

Ticket sales have closed for this event.



### SAVE THE DATE

### Easter Luncheon

Thursday, April 2

Ticket sales to open early March

More details to come in the March Happenings!



## TRIP

### CHEMAINUS THEATRE: GODSPELL

Saturday, March 28 | 9:30am - 6:30pm

Member Cost: \$181 | Non-Member Cost: \$209

Ticket sales run February 12- March 12



Indulge in a delicious buffet brunch at the Playbill Dining Room. Following brunch, enjoy a short stroll through the town of Chemainus and the many treasures it has to offer. Then sit back, relax, and enjoy the musical "Godspell".

Prepare ye for Godspell, the classic folk-rock hit from Wicked's composer, Stephen Schwartz! This celebration and exploration of creating community and sacrificial love explodes with catchy music, a talented cast of actor-instrumentalists and playful parables in vibrant, contemporary, and fresh theatrical magic.

*Tickets price includes transportation, tax, gratuity, show tickets, and brunch buffet.*

# FRIENDS OF MONTEREY CENTRE SOCIETY

## FoMCS President's Message

I would like to remind you of the upcoming Rummage Sale on Saturday, February 21st. The Rummage Sale, along with the fall Bazaar, is one of the most important fundraising events for the Friends of Monterey Society. It is crucial to our mission to support and promote the members and clubs of Monterey Recreation Centre. In the past, money from these two events has provided funding for the lobby fireplace, new tables and chairs, and dishes for the Fern Café. The funds are also used to support various Centre events. The FoMCS Board recently had a resignation of a board member and are down to five directors. We could use some non-board members to assist on the Board itself, as well as on the Financial Committee that reviews and recommends requests for funding. If you are interested in helping us to improve the quality of the experience at the Monterey Centre, or you know someone who may be interested, please see Reception for FoMCS contact information.

Neil Campbell - FoMCS President

## Rummage Sale!

**Saturday, February 21, 2026 | 9:00am - 1:00pm**

Donations welcome on the following days and times:

**Sunday, February 15 | 11:30am - 4:00pm**

**Monday, February 16 | 1:00pm - 4:00pm**

**Tuesday, February 17 | 8:30am - 4:00pm**

**Wednesday, February 18 | 8:30am - 4:00pm**

**Thursday, February 19 | 8:30am - 12:00pm (final day)**

Volunteers for the  
Rummage Sale  
wanted!  
Sign-up at  
Reception today.

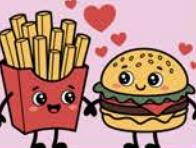


**What's Accepted:** Ladies, men's & children's clothing in good condition, art work, books (no book sets), crafts & fabric, office supplies, linen & bedding, puzzles, games & toys, kitchenware, household items, home decor, records & CDs, small appliances & small tools.

**What's Not Accepted:** Book sets, large furniture, large sports equipment, electronics, computers, monitors, TVs, phones, VCR tapes & 8-track tapes.

FEBRUARY 2026

# FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4  New Member Meet & Greet 1:30pm Lobby	5 Winter Luau 12:30pm Garry Oak *advance ticket required	6	7
8	9	10	11	12	13 Silent Disco 3:00pm Lobby 	14 
15	16  Family Day Centre Open 1:00-4:00pm Accepting Rummage Donations 11:30am-4:00pm	17 Chinese New Year Special Entree 11:00-1:00pm Fern Cafe Accepting Rummage Donations 8:30am-4:00pm	18 Hawaiian Karaoke 3:00-4:30pm Dogwood Accepting Rummage Donations 8:30am-4:00pm	19 Last Day for Donations until 12:00pm	20 <b>No programs running today due to Rummage Sale set-up day</b>	21 Rummage Sale 9:00am-1:00pm <b>no programs running</b>
22  Open Mic 1:30-3:00pm Lobby	23 Free Talk Social Prescribing 10:00am Dogwood 	24 Emergency Preparedness 7:00-8:00pm Garry Oak *registration required	25 Pink Shirt Day! 		27 Free Talk Family Tree 1:00pm Dogwood	28 
						

## Family Day Weekend Hours:

Saturday, February 14: 8:30am-4:00pm  
 Sunday, February 15: 11:30am-4:00pm  
 Monday, February 16: 1:00pm-4:00pm

## Centre Hours:

Monday - Thursday: 8:30am-9:00pm  
 Friday: 8:30am - 4:30pm  
 Saturday: 8:30am-4:00pm  
 Sunday: 11:30am-4:00pm  
 Statutory Holidays: 1:00pm - 4:00pm