

Skating Drop-in Schedule

(January 3 - March 15, 2026)

This schedule is subject to change.
Please note specific session end dates.

OAK BAY
PARKS, RECREATION
& CULTURE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Over 40 Duffer Hockey 8:30-10:15am (ends June 1)	Over 50 Duffer Hockey 8:30-9:45am (ends -June 2)	Over 40 Duffer Hockey 8:30-10:15am (ends -June 3)	Over 50 Duffer Hockey 8:30-9:45am (ends -June 4)	Over 40 Duffer Hockey 8:30-10:15am (ends -June 5)		Family Skate 1:30-2:45pm (ends -Mar 29)
Over 60 Duffer Hockey 10:30-11:45am (ends -June 1)	Adult Skate 10:00-11:30am (ends -May 12)		Adult Skate 10:00-11:30am (ends -May 14)		Adult Winter Hockey League 6:15-7:30pm (Jan-Apr) <i>*registered program</i>	Everyone Welcome 3:00-4:15pm (ends -Aug 23)
	Over 18 Duffer Hockey 11:45am- 1:15pm (ends -May 2)		Over 18 Duffer Hockey 11:45am- 1:15pm (ends -June 4)	Over 60 Duffer Hockey 11:45am- 1:15pm (ends -June 5)	Everyone Welcome 7:45-9:00pm (ends -Mar 28)	Parent & Child Hockey 4:30-5:30pm (ends -Mar 29)
	Low Cost Everyone Welcome 6:30-7:45pm (ends -Mar 31)			Everyone Welcome and Stick & Puck 8:15-9:30pm (ends -Mar 27)	Adult Winter Hockey League 10:30-11:45pm (Jan-Apr) <i>*registered program</i>	Adult Winter Hockey League 8:15-11:00pm (Jan-Apr) <i>*registered program</i>

Pacific Cup Hockey Tournament: January 16-18, 2026 (some drop-in sessions may be cancelled)

ICE OUT FOR ARENA SHUT DOWN: June 8-28, 2026



OAK BAY RECREATION CENTRE

1975 Bee Street | 250-595-7946 | oakbay.ca/recreation

Descriptions

Adult Skate (for 18 and up)

Come out and skate Tuesday and Thursday mornings!
Please bring your helmet.

Everyone Welcome

Skating for all ages.

Low Cost Everyone Welcome for \$3.50

What a deal, anyone can skate! Rentals only \$2.25

Everyone Welcome Stick and Puck

Shared ice to practice your skills. Players must bring a stick and wear a helmet and gloves. Sponge pucks only \$2 (deposit required). No games.

Family Skate

A great personal time for families to have fun. Enjoy a special beginner's corner for preschoolers. Strollers are allowed on the ice with permission.

Parent and Child Hockey (6-12 years old)

Sponge puck hockey with a special area for beginners. Parents must be on the ice with children. Helmet with a mask must be worn by children. Admission includes one adult and up to two children and children's rentals. Sponge pucks only \$2 (deposit required).

Over 60, Over 50, Over 40 and Over 18 Duffer Hockey

Co-ed Hockey for players and goalies of all skills and abilities.

Adult Hockey League

This is a non-contact league for adults, with all ability levels welcome to join. All games are officiated. Full hockey gear and CSA approved helmets are mandatory. This is a registered program that can be signed up for as a player or a goalie. Fall League runs from September to December. Winter League runs from January to March and Spring League runs from April to June.

Duffer Hockey Drop-in Guidelines

DUFFER HOCKEY OVER 40, 50 CO-ED

- Register online after 6:30pm the day prior to playing.
- Players must arrive in person by 8:20pm to keep their spot.

DUFFER HOCKEY MONDAY OVER 60 CO-ED

- Register online after 6:30pm the day prior to playing.
- Players must arrive in person by 10:20am to keep their spot.

DUFFER HOCKEY OVER 18 AND FRIDAY OVER 60

- Register online after 6:45pm the day prior to playing.
- Players must arrive in person by 11:35am to keep their spot.

Full gear is mandatory. A visor, neck-guard and shoulder pads are highly recommended.

Goalies play for free. Register up to two weeks in advance online or call Reception at 250-595-7946.

Pre-registration privileges will be revoked after two unexplained absences.

How to Register Online

1. Ensure your online account and login is set up.
2. Login with user ID and password at:
oakbayrec.perfectmind.com
3. Click **Schedule** Button near the top left of the screen.
4. Click **Duffer Hockey** under the Skating menu.
5. Select **date** and **type of Skate Session** and click **Reserve**. You are added to the waitlist if the session is full.
6. Choose your method of payment.