

# Skating Drop-in Schedule

(January 3 to June 7, 2026)

This schedule is subject to change.  
Please note specific session end dates.

**OAK BAY**  
PARKS, RECREATION  
& CULTURE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Over 40 Duffer Hockey</b> 8:30-10:15am (ends June 1)	<b>Over 50 Duffer Hockey</b> 8:30-9:45am (ends -June 2)	<b>Over 40 Duffer Hockey</b> 8:30-10:15am (ends -June 3)	<b>Over 50 Duffer Hockey</b> 8:30-9:45am (ends -June 4)	<b>Over 40 Duffer Hockey</b> 8:30-10:15am (ends -June 5)		<b>Family Skate</b> 1:30-2:45pm (ends -Mar 29)
<b>Over 60 Duffer Hockey</b> 10:30-11:45am (ends -June 1)	<b>Adult Skate</b> 10:00-11:30am (ends -May 12)		<b>Adult Skate</b> 10:00-11:30am (ends -May 14)		<b>Adult Winter Hockey League</b> 6:15-7:30pm (Jan-Apr) <i>*registered program</i>	<b>Everyone Welcome</b> 3:00-4:15pm (ends -Aug 23)
	<b>Over 18 Duffer Hockey</b> 11:45am- 1:15pm (ends -May 2)		<b>Over 18 Duffer Hockey</b> 11:45am- 1:15pm (ends -June 4)	<b>Over 60 Duffer Hockey</b> 11:45am- 1:15pm (ends -June 5)	<b>Everyone Welcome</b> 7:45-9:00pm (ends -Mar 28)	<b>Parent &amp; Child Hockey</b> 4:30-5:30pm (ends -Mar 29)
	<b>Low Cost Everyone Welcome</b> 6:30-7:45pm (ends -Mar 31)			<b>Everyone Welcome and Stick &amp; Puck</b> 8:15-9:30pm (ends -Mar 27)	<b>Adult Winter Hockey League</b> 10:30-11:45pm (Jan-Apr) <i>*registered program</i>	<b>Adult Winter Hockey League</b> 8:15-11:00pm (Jan-Apr) <i>*registered program</i>

**Pacific Cup Hockey Tournament: January 16-18, 2026 (some drop-in sessions may be cancelled)**

**ICE OUT FOR ARENA SHUT DOWN: June 8-28, 2026**



OAK BAY RECREATION CENTRE

1975 Bee Street | 250-595-7946 | [oakbay.ca/recreation](http://oakbay.ca/recreation)

## Descriptions

### Adult Skate (for 18 and up)

Come out and skate Tuesday and Thursday mornings!  
Please bring your helmet.

### Everyone Welcome

Skating for all ages.

### Low Cost Everyone Welcome for \$3.50

What a deal, anyone can skate! Rentals only \$2.25

### Everyone Welcome Stick and Puck

Shared ice to practice your skills. Players must bring a stick and wear a helmet and gloves. Sponge pucks only \$2 (deposit required). No games.

### Family Skate

A great personal time for families to have fun. Enjoy a special beginner's corner for preschoolers. Strollers are allowed on the ice with permission.

### Parent and Child Hockey (6-12 years old)

Sponge puck hockey with a special area for beginners. Parents must be on the ice with children. Helmet with a mask must be worn by children. Admission includes one adult and up to two children and children's rentals. Sponge pucks only \$2 (deposit required).

### Over 60, Over 50, Over 40 and Over 18 Duffer Hockey

Co-ed Hockey for players and goalies of all skills and abilities.

### Adult Hockey League

This is a non-contact league for adults, with all ability levels welcome to join. All games are officiated. Full hockey gear and CSA approved helmets are mandatory. This is a registered program that can be signed up for as a player or a goalie. Fall League runs from September to December. Winter League runs from January to March and Spring League runs from April to June.

## Duffer Hockey Drop-in Guidelines

### DUFFER HOCKEY OVER 40, 50 CO-ED

- Register online after 6:30pm the day prior to playing.
- Players must arrive in person by 8:20pm to keep their spot.

### DUFFER HOCKEY MONDAY OVER 60 CO-ED

- Register online after 6:30pm the day prior to playing.
- Players must arrive in person by 10:20am to keep their spot.

### DUFFER HOCKEY OVER 18 AND FRIDAY OVER 60

- Register online after 6:45pm the day prior to playing.
- Players must arrive in person by 11:35am to keep their spot.

**Full gear is mandatory.** A visor, neck-guard and shoulder pads are highly recommended.

**Goalies play for free.** Register up to two weeks in advance online or call Reception at 250-595-7946.

Pre-registration privileges will be revoked after two unexplained absences.

### How to Register Online

1. Ensure your online account and login is set up.
2. Login with user ID and password at:  
[oakbayrec.perfectmind.com](http://oakbayrec.perfectmind.com)
3. Click **Schedule** Button near the top left of the screen.
4. Click **Duffer Hockey** under the Skating menu.
5. Select **date** and **type of Skate Session** and click **Reserve**. You are added to the waitlist if the session is full.
6. Choose your method of payment.