

SEPTEMBER 2025 HAPPENINGS

Monterey Recreation Centre
250-370-7300

OAK  BAY
PARKS, RECREATION
& CULTURE



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During the 5-week closure of the Monterey Centre, several upgrades and improvements were completed. A new Reception Centre was installed, most spaces were freshly painted, and the men's washroom near the Douglas room received a new countertop and tap. Electrical and lighting upgrades were made throughout the Centre, new baseboard heaters were added in classrooms and hallways, and the floors were waxed and carpets cleaned.



SEPTEMBER 2025

WHAT'S HAPPENING AT MONTEREY?

IMPORTANT

Notice of Fee Increase

Effective September 1, all fees for Oak Bay Parks, Recreation, & Culture will see an increase. The Monterey Membership will increase to \$60/year.

Additional fees apply to certain clubs.

Food prices will also experience a slight increase on September 1.



Members Birthday Celebration

Wednesday, September 24 | 1:30pm | Lobby

Do you have a birthday in September or October?

Come celebrate your special day with us at Monterey! Featuring live music by the Monterey Minstrels and in-house baked cupcakes!

Special thanks to FoMCS for sponsoring this event.

Oak Bay Emergency Preparedness

Wednesday, September 24 | 7:30 - 8:30pm

Are you prepared for the unexpected? Join the District of Oak Bay Emergency Program for a free, informative session on how to get ready for emergencies.

Register online www.oakbay.ca or at Reception.

Barcode: 231976



CLUB & DROP-IN ACTIVITIES



Intermediate Guitar

We're happy to report that Intermediate Guitar will be back in September, running the 2nd & 4th

Thursday of each month from 1:00-3:00pm

This drop-in program will focus on jamming and playing together.

No guitar instruction will be provided.

Open Mic

Open Mic returns in September after a summer break. Come by Monterey on the last Sunday of the month and enjoy the sounds of local musical talents at our Open Mic.

Sunday, September 28 | 1:30 - 3:00pm | Lobby
Musicians are asked to arrive early and check-in with the session leader at 1:00pm.



Carpet Bowling

The Carpet Bowling Club is always welcoming new members! This low-impact game is a great way to stay active, sharpen your skills, and share a few laughs with friends. Whether you're a seasoned player or brand new to the game, carpet bowling offers the perfect mix of gentle exercise, strategy, and social connection. Come roll with us, you'll be surprised how much fun fits on a carpet!

1st & 3rd Thursday | 1:30-3:30pm | Garry Oak Room



SEPTEMBER 2025

FOOD SERVICES

Fern Café

Looking for a bite to eat?

Visit the Fern Café where delicious and affordable hot entrees are served on Tuesdays, Wednesdays, and Thursdays. Homemade soups, salads, baked goods, and sandwiches are served daily with gluten-free and vegetarian options available.

Monday to Friday 10:30am-2:00pm
Hot entrees and soup served 11:00am-1:00pm



Coffee Express

Need a pick-me-up?

Be sure to visit the Coffee Express in the Monterey Lobby, where friendly volunteers are serving up hot and cold beverages, house-baked goods, and hot breakfast sandwiches.

Monday to Friday
9:00am-11:00am | 1:30pm-3:30pm

Volunteer Opportunity!

We're looking for a friendly and enthusiastic volunteer(s) to help in our Reception Services on **Monday afternoons 12:00pm - 3:00pm** or **Friday mornings from 8:30am - 12:00pm**

As a Reception volunteer, you'll answer questions about Monterey programs and services for new and prospective members, answer the phones, provide minor administrative support, and connect with others. It's a great way to meet new people and give back to the community.

If you are interested, please pick up a Volunteer Application at Reception.



SEPTEMBER 2025

INSTRUCTOR SPOTLIGHT



Monterey welcomes new fitness instructor Patti Hunter!

We're very excited to welcome Patti to our fitness team! With decades of experience teaching group fitness since the 1980's, Patti brings incredible knowledge and energy. She spent 10 years with VI Fitness for Women in Oak Bay and has trained hundreds of fitness leaders. Patti is a role model for active aging and helps participants exercise safely at their own pace, while seeing progress and having fun.

Starting September 2nd, Patti will lead the Tuesday Moderate Drop-in Fitness class at 9:00am.

Come join the fun!

COURSE SPOTLIGHT

Let's Speak Japanese!

Wednesday, September 24 - Wednesday, October 29 | 1:30 - 3:00pm

Instructor: Mari Hamano | Course Cost: \$145 | Course Code: 231099

Start speaking Japanese naturally from day one! This beginner class focuses on speaking clearly with correct pronunciation and rhythm, while building listening skills. Practice everyday phrases through fun, interactive activities and cultural tips – perfect for travellers or anyone curious about Japan. Please bring \$6 for handouts.

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SEPTEMBER 2025



EVENTS

Monterey Centre Open House

Wednesday, September 10 | 1:00pm-3:00pm | Garry Oak Room

Invite your friends to discover Monterey Recreation Centre and explore the lifestyle enhancing offerings available to all membership. For Just \$60/year, the Monterey Membership includes access to over 30 volunteer-led clubs and drop-in activities.

There's something for everyone at Monterey, from walking groups, book clubs, to discussion groups, table games, billiards, table tennis and more! Select clubs and activities will be on display at the upcoming open house, so you get a taste of all that Monterey has to offer!

Guests to the Open House can enter to win a free Monterey Membership!

Are you a Volunteer Club Rep or Drop-In Activity Leader and want to promote your club/drop-in activity? Book a table at the Open House by emailing

Nic Dobell, Events & Volunteer Programmer at ndobell@oakbay.ca



THANKSGIVING LUNCHEON

Thursday, October 9

11:30am seating in the Fern Cafe or

12:00pm seating in the Garden Court

Member Cost \$21.00 | Non-Member Cost: \$24.50

Tickets on sale September 4 - October 3

Tickets must be purchased in advance by October 3.

No tickets will be sold the day of the event.

Enjoy a delicious three-course meal prepared by our very own Chef Ray.

Start with an apple, radish and cranberry salad served with a herb vinaigrette.

Then enjoy a bacon wrapped roasted turkey with sides of mashed potatoes, roasted squash, brussels sprouts, gravy and sage and onion stuffing.

Dessert is a pumpkin pie topped with caramel sauce and cream.

Please note there is no gluten free or vegetarian option with this meal.

Don't forget to bring your ticket! No entry without a presented ticket.



TRIPS



MERRIDALE CIDERY

Saturday, September 13 | 10:15am - 4:00pm

Member Cost: \$110 | Non-Member Cost: \$127

Tickets on sale August 8 - September 4



After a scenic bus trip, you will arrive at the beautiful Merridale Cidery in Cobble Hill for a tour and guided tasting (non-alcoholic available).

Following the tour and tasting, guests will indulge in a delicious lunch and then are free to roam the property, learn about the cidery, and explore the artisan fare in the gift shop.

Tickets include transportation, tour, tasting, and tax.

CHEMAINUS THEATRE: HOME TO ROOST

Saturday, October 18 | 9:30am - 6:30pm

Member Cost: \$187 | Non-Member Cost: \$214

Tickets on sale September 3 - October 2

Indulge in a delicious buffet brunch at the Playbill Dining Room.

Following brunch, enjoy a short stroll through the town of Chemainus and the many treasures it has to offer. Then sit back, relax, and enjoy the comedic adventure Home to Roost. "Sisters, sisters, there were never such devoted sisters!"

Glenda and Suzanne enjoy their retirement by selling homemade jam and cherishing visits from Suzanne's adult daughter, Beth. This poignant comedy beautifully captures the essence of family ties as they stretch, strain, yet ultimately weave a fabric of unwavering love and support.

Ticket price includes transportation, show tickets and brunch meal.



TRIP INTEREST LIST

Interest List: Les Misérables (Vancouver)

Saturday, March 21, 2026 | 7:30am - 9:30pm

Anticipated Member Cost: \$328 | Anticipated Non-Member Cost: \$375

Join us on trip to the mainland to see the Tony Award®-winning musical Les Misérables, adapted from the novel by Victor Hugo.

Follow the life of Jean Valjean, a former convict who seeks redemption after serving nineteen years in prison for stealing a loaf of bread. The story explores themes of justice, love, and sacrifice against the backdrop of 19th century France, culminating in the Paris Uprising of 1832. Enjoy lunch as a group before the show at the Queen Elizabeth theatre.

Ticket price would include transportation, ferry cost, show ticket and taxes.

Lunch will be at your own expense.

Please add your name to the list at Reception when we reopen if you are interested in attending this trip!



FREE TALK



Today's Bone Health

Monday, October 6 | 9:30 - 10:30am | Pine Room

Guest Speaker: Alice Chandler

Alice Chandler has Volunteered for Osteoporosis Canada since 2022 and has presented Bone Health to a number of Centre's across Vancouver Island to raise awareness about Osteoporosis, the benefits of Exercise, Healthy Nutrition and much more.

Sign up for this free talk at Reception.

SEPTEMBER 2025

FRIENDS OF MONTEREY CENTRE SOCIETY

FOMCS PRESIDENT'S MESSAGE

The Friends of Monterey Centre Society, Board of Directors resumes monthly meetings in September. As this is a relative new Board of Directors, we can use a number of volunteers to help us in the Society's mission to support, promote and fundraise on behalf of the Monterey Recreation Centre, its members, its clubs and volunteer-led activities. We are looking for volunteers to serve on all of our committees. A list of committees will be posted on the FOMC bulletin board located in the hallway on your way to the Fern Cafe. The Board are particularly interested in prospective members with financial experience or expertise, or those interested in serving on the Financial Committee, chaired by Board Treasurer, Michael Miller. The Financial Committee helps establish financial policy and practices, and makes recommendations to the Board for expenditure of Society funds.

FRIENDS OF MONTEREY 45TH ANNIVERSARY PUB & TRIVIA NIGHT

Wednesday, October 1 | 5:00 - 8:00pm | Garry Oak

Member Cost: \$26 | Non-Member Cost: \$31

Ticket sales open September 2 - September 24

Celebrate Friends of Monterey 45th anniversary at Monterey with a trivia night! Bring a group of 4-6 people (or join a group if you don't have enough) and compete for prizes! Before the trivia starts, you'll enjoy a delicious dinner of chicken pot pie with a side of delicious veggies and potatoes with dessert to follow. Vegetarian and gluten free options for the main meal are available.

Guests are encouraged to dress retro (80's and 90s)

SAVE THE DATE!

FOMCS BAZAAR

Saturday, October 25 | 9:00am - 1:00pm

Donations will be accepted at the Centre

Sunday, October 19 - Thursday, October 23
(by 12:00pm)

Watch for the October Happenings for additional details and volunteer opportunities.

CREATIVE CRAFTERS


We wish to thank those who have brought donations to us over the years. We rely on craft supply donations to make the items sold in the lobby display cases. The money made through Creative Crafters sales makes its way back to Monterey Rec Centre through the Friends of Monterey Centre Society in the form of improvements to Centre furnishing and providing bursary memberships.

There is a donation bin next to the display cases, we welcome all your donations, especially of yarn and fabrics.

Fun, Friendship and Learning

SEPTEMBER 2025

SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
	1  Labour Day Labour Day Centre Open 1:00-4:00pm	2	3	4	5	6
7	8	9	10 Monterey Open House 1:00-3:00pm	11	12	13 Merridale Cidery Trip 10:15am-4:00pm
14	15 	16	17	18	19	20
21	22	23	24  Member's Birthday 1:30pm	25	26	27
28 Open Mic 1:30-3:00pm Lobby	29	30  Truth & Reconciliation Day Centre Open 1:00-4:00pm				

Labour Day Weekend Hours:

Saturday August 30th: 8:30am-4:00pm
Sunday August 31st: 11:30am-4:00pm
Monday September 1st: 1:00pm-4:00pm

Truth & Reconciliation

Day Hours:

Tuesday September 30th: 1:00pm-4:00pm

Centre Hours as of Sept. 2nd

Monday - Thursday: 8:30am-9:00pm
Friday: 8:30am - 4:30pm
Saturday: 8:30am-4:00pm
Sunday: 11:30am-4:00pm
Statutory Holidays: 1:00pm - 4:00pm