

# Skating Drop-in Schedule (June 23 – September 8, 2025)

This schedule is subject to change.

Please note specific session and dates

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Saturday	Sunday
	Over 40 Duffer Hockey 8:30-9:45am (Jul 6-Aug 24)
<b>Stick &amp; Puck</b> 3:30-4:45pm (Jul 5-Aug 23)	Over 60 Duffer Hockey 10:00-11:15am (Jul 6-Aug 24)
Over 18 Duffer Hockey 5:00-6:30pm (Jul 5-Aug 23)	Everyone Welcome 3:00-4:15pm (Jun 23-Aug 24)

## **Descriptions**

#### **Everyone Welcome**

Skating for all ages.

#### Over 60, Over 40 and Over 18 Duffer Hockey

Co-ed Hockey for players and goalies of all skills and abilities.

#### Stick & Puck

Drop-in to practice your skills. Players must bring a helmet and gloves. Hard pucks are allowed. Participants under 18 must also have a full-face shield.

No goalies or games (stick and puck is for individual skill development).

## **Duffer Hockey Drop-in Guidelines**

**DUFFER HOCKEY OVER 18 CO-ED** 

- Register online after 6:00pm the day prior to playing.
- Players must arrive in person by 4:50pm to keep their spot.

#### DUFFER HOCKEY OVER 40 CO-ED

- Register online after 6:30pm the day prior to playing.
- Players must arrive in person by 8:20am to keep their spot.

#### **DUFFER HOCKEY OVER 60 CO-ED**

- Register online after 6:00pm the day prior to playing.
- Players must arrive in person by 9:50am to keep their spot.

**Full gear is mandatory.** A visor, neck-guard and shoulder pads are highly recommended.

**Goalies play for free.** Register up to two weeks in advance online or call Reception at 250-595-7946.

Pre-registration privileges will be revoked after two unexplained absences.

### How to Register Online

- 1. Ensure your online account and login is set up.
- 2. Login with user ID and password at: oakbayrec.perfectmind.com
- 3. Click **Schedule** Button near the top left of the screen
- 4. Click **Duffer Hockey** under the Skating menu.
- Select date and type of Skate Session and click Reserve. You are added to the waitlist if the session is full.
- 6. Choose your method of payment.

