

MONTEREY SPRING DROP-IN ACTIVITIES SCHEDULE (MAY - JUNE 2025)

Included in Social Activity Membership | Facilitated by Monterey Recreation Centre Volunteers

Blood Pressure Clinic <i>Retired, Volunteer Nurses</i> Thursday: 11:15am-12:30pm Cedar Room	Needlecrafts Group <i>Diane Hansen</i> Tuesdays 12:30pm-2:00pm Lobby	Topics in the News (Discussion) <i>Chris Kershaw and Christine Collins</i> Wednesday(1st & 3rd): 1:30pm-3:00pm Cedar Room
Classic Tunes Sing-Along <i>Rolfe McCooley</i> Thursday (1st & 3rd): 4:00pm-5:30pm Cedar Room	Philosophy Discussion Group <i>Chris Kershaw</i> Thursday: (1st & 3rd) 2:00pm-3:30pm Dogwood Room	World Religion Discussion Group <i>Kathryn Kearney</i> Friday (1st only) 1:00pm-2:30pm Pine Room
Karaoke <i>Lori Rilkoff</i> Wednesday (1st and 3rd): 3:00pm-4:30pm Dogwood Room	Poetry Discussion Group <i>Peter McNab</i> Wednesday: 3:30pm-4:30pm Cedar Room	Open Mic <i>Gail Dawson</i> Last Sunday of every Month 1:30pm-3:00pm Lobby
Monday Morning Walks <i>Carol Brown and Gerhard Herndler</i> Monday: 9:30am - 5km Walk 10:00am - 3km Walk Meet in Lobby	Social Bridge <i>Janine Foychuk</i> Monday: 12:30pm-3:30pm, Pine Room Thursday has joined Tables Games	
Monterey Golf Group Tuesday and Thursday: 9:45am Henderson Park Golf Course Mid March - Mid November	Table Games Thursday: 12:30pm-3:30pm, Garry Room Friday : 1:30pm-4:00pm, Douglas Fir	

Social Activity Membership

\$55.00 a year (from date of purchase)
Access to all Drop-In Activities
15% discount on select courses, trips, & events.

Questions?

Contact Reception at 250-370-7300
1442 Monterey Avenue, Victoria, B.C.
Visit: recreation.oakbay.ca

MONTEREY DROP-IN ACTIVITIES

DESCRIPTIONS

Included in Social Activity Membership | Facilitated by Monterey Recreation Centre Volunteers

Blood Pressure Clinic

A weekly service for Social Activity Members. Participants receive a wallet card to track their weekly blood pressure readings

Needlecrafts Group

All needle crafters are welcome

Topics in the News (Discussion)

Join in the lively discussion of current local and international issues. Health, wellness, and local cultural events, also discussed.

Classical Tunes Sing-Along

Sing classic songs from the 50s to 70s with an enthusiastic, relaxed group. 20 songs sung each session. Come sing for fun! Led by a singer with a guitar.

Philosophy Discussion Group

Our aim is to focus on philosophical issues rather than political. Group members are emailed relevant materials in advance. Topics are wide spread.

World Religion Discussion Group

Discussion on worldwide views, ethics, practices, and the beliefs of five major world religions.

Karaoke

Come sing your heart out to your favorite songs!

Poetry Discussion Group

Read, listen, and discuss the power of poetry!

Open Mic

Come play or listen to some wonderful music performed by local talent.

Monday Morning Walks

9:30am - 5km Walk
10:00am - 3km Walk
Meet in Lobby

Social Bridge

If you are interested in joining this group, please leave your name and phone number with Reception.

Monterey Golf Group

Weather permitting, at 9:45am we gather to socialize, 10:00am we arrange groups to tee off.
Mid March to mid November.

Table Games (Thursday)

Progressive Pairs Bridge (Isabel Hitchens), Social Bridge (Janine Foychuk), Chess (Geoffery Carrington), Cribbage (Kevin Britt), and Scrabble (Isabel Huner),

Table Games (Friday)

Mahjong (Beth Rogers), Euchre (Usha Maheshwari), Social Bridge (Janine Foychuk) and Scrabble (Isabel Hunter)

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