

JUNE 2025 HAPPENINGS

Monterey Recreation Centre
250-370-7300

OAK BAY
PARKS, RECREATION
& CULTURE



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**Friends of Monterey Centre Society
Early Canada Day BBQ**
Monday, June 30th | 12:00-1:00pm | Fern Cafe
Come down to the Fern Cafe and enjoy a
burger and chips compliments of the Friends
of Monterey Centre Society.
Space is limited. Sign up in advance at Reception.



**Oak Bay Tea Party Weekend June 6th-8th 2025 will
mark the 63rd Tea Party weekend.**
The Tea Party Parade is an Oak Bay tradition
beginning on Saturday June 7th at 10:30 am at
Windsor Park. The parade winds through the streets
of Oak Bay, ending at Willows Park.
The Monterey Concert Band will be performing on
the stage Sunday June 8th at 12:00pm at Willows
Beach!

JUNE 2025

WHAT'S HAPPENING AT MONTEREY?

New Member Meet & Greet

Wednesday, June 4th | 1:30pm | Lobby

Join us for a New Member Meet & Greet. This event is for new Social Activity Members at Monterey to learn about the Centre, tour the facility, and connect with fellow members. If you can't attend this month, we'll have a Meet & Greet on the first Wednesday of every month. No registration required.



Tech Support



Thursday, June 12th | 2:00-4:00pm | Dogwood Room

Come meet François for tech support with your devices. François will fix immediate tech problems (such as email troubles) and see if this problem is a common problem for everyone and share it with everyone!

No formal class or formal education given.

Must register in advance. Limit of 10 people.

Cost \$15/session.

Open Mic

Sunday, June 29th | 1:30pm | Lobby

Come by Monterey and enjoy the sounds of local musical talents at our Open Mic.

Musicians are asked to arrive early and check-in with the session leader at 1:00pm.

Special thanks to Friends of Monterey for providing refreshments for this event.



JUNE 2025

FOOD SERVICES

Frozen Meals

**Don't miss out! Stock up on your favourite frozen dishes from the Fern Cafe before the Centre shutdown for the month of July.
Only while quantities last!**



Fern Café

Visit the Fern Café where delicious and affordable hot entrees are served on Tuesdays, Wednesdays, and Thursdays. Homemade soups, salads, baked goods, and sandwiches are served daily with gluten-free and vegetarian options available.

Monday to Friday 10:30am-2:00pm

Hot entrees and soup served 11:00am-1:00pm



Coffee Express

Need a pick-me-up? Be sure to visit the Coffee Express in the Monterey Lobby, where friendly volunteers are serving up hot and cold beverages, house-baked goods, and hot breakfast sandwiches.

Monday to Friday

9:00am-11:00am | 1:30pm-3:30pm



FREE TALKS



What is a Community Connector?

Thursday, June 12 | 1:30-3:00 p.m. | Pine Room

Guest Speaker: Emma Goulding, Oak Bay Volunteer Services

Join us for a free talk about “social prescribing” and the new Community Connector program that starts this month!

Social prescribing helps you explore community services and activities that can support you to improve your health, wellbeing, and independence. Learn about eligibility, how to apply and participation in the program with Emma, the Community Connector, who will make a presentation and be on hand to answer your questions.

Space is limited. Sign up in advance at Reception.



Seniors Advocate Talk

Wednesday, June 25th | 10:00-11:00am | Dogwood Room

Guest Speaker: Dan Levitt, British Columbia Seniors Advocate

Dan earned an undergraduate degree from UBC and a Master's degree from the University of North Texas, Center for Studies in Aging. He has served on the board of directors for the Denominational Health Association and the Alzheimer Society of British Columbia. He is inspired by the aging journeys of his grandparents and great-grandparents, and is now supporting his parents who are living life to the fullest in their mid-80s. Dan will be speaking on his current work priorities and the outcomes of a recent study on ageism and access to long-term care.

Space is limited. Sign up in advance at Reception.



CLUB & DROP IN ACTIVITIES

The following Clubs & Drop-In activities will be taking a summer break:

Book Club 1 - 3rd Thurs. of the month, last day is June 19. Resumes Sept 18.

Book Club 2 - 1st Thurs. of the month, last day is June 5. Resumes Sept 4.

Book Club 3 - 4th Fri. of the month, last day is June 27. Resumes Sept 26.

Book Club 4 - 3rd Wed. of the month, last day is June 18. Resumes Sept 17.

Colour Your World - last day is May 29. Resumes Sept 4.

Euchre - last day is June 27. Please check in August for restart date.

French Club - last day is June 20. Resumes Sept 5.

Garden Club - last day is June 26. Resumes Sept 25.

Intermediate Guitar - final session on June 26. Will not resume in the fall.

Philosophy Discussion - last day is June 19. Resumes Sept 4.

Social Bridge - Monday session only, last day is June 30. Resumes Sept 1.

Topics in the News - last day is June 18. Resumes Sept 3.

EVENTS

WELCOME BACK BBQ

Monday, August 18 | 5:00-7:30pm | Garry Oak Room

Member Cost: \$25 | Non-Member: \$29

Tickets on sale June 3- July 1 and August 6-10.

Welcome back, Monterey Members! Let's enjoy summer and celebrate the reopening of the Monterey Centre with sizzling burgers, tasty hot dogs, and ice-cold drinks! Served BBQ style, guests will be called by table number to go the BBQ and choose between a burger, smokie, or veggie burger, and add the condiments they like. Performances by the Monterey Minstrels and Monterey Concert Band.

Come reconnect with friends, and enjoy the fun!

No tickets will be sold during the Centre closure throughout July.

TRIPS

WAITLIST
ONLY

SALT SPRING ISLAND MARKET DAY TRIP

Saturday, June 21st | 7:40am - 6:30pm

Member Cost: \$70 | Non-Member Cost: \$80

Join us as we sail over to beautiful Salt Spring Island for their famous weekly Farmers Market! While on the island, check out the many local art galleries, shops and eateries Ganges has to offer. There are unique places for you to grab lunch, or you could nibble at many offerings found directly within the farmers market. Don't forget to bring your reusable shopping bag for the treasures you may buy!

Ticket price includes bus and ferry transportation.

All other purchases are at your own expense.



CHEMAINUS: FOOTLOOSE

Saturday, August 16 | 9:00am - 6:30pm

Member Cost: \$200 | Non-Member Cost: \$231

Tickets on sale June 2 - July 1

Indulge in a delicious buffet brunch at the Playbill Dining Room where the Executive Chef will prepare an impressive brunch buffet. Following brunch, enjoy a short stroll through the town of Chemainus and the many treasures it has to offer. Then sit back, relax, and enjoy the musical adventure "Footloose". One kid. One town. One chance. A spirited city kid moves to a small farming town where he finds himself at odds with the restrictive dancing ban enforced by the local preacher. This lively musical breaks down barriers in a triumph of spirit and freedom. It's time to kick off your Sunday shoes!

Ticket price includes transportation, show tickets and brunch meal.

Footloose

FRIENDLY REMINDERS



Cyclists, please remember to dismount and walk your bike on pathways that surround Monterey Recreation Centre and the Oak Bay Library. The pathways are shared spaces and we want to ensure safety for all.



Please remember to wear clean, non-marking footwear for all fitness and dance programs. We also encourage you to bring a refillable water bottle to your programs.

COMMUNITY RESOURCES

I'D LOVE TO TALK PROJECT



I'd Love to Talk is a project intended to offer Monterey Recreation Centre patrons more opportunity to meet and chat with each other.

If you wish to converse with someone, please pick up an "I'd love to talk" tent card at Coffee Express or the Fern Café and place it on your table.





The tent card with a yellow flower is a visual cue that you are open to conversation. If you see someone with a tent card set out on a table, feel free to join them for a conversation! The I'd Love to Talk project was created by Sharyn Sadauskas, a resident of Parksville.

The intention is to foster simple human connection. Sharyn suggests that a friendly chat with someone may brighten their day and your own! French versions can be found in the Fern Cafe.



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JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 New Member Meet & Greet 1:30pm Lobby	5	6 Oak Bay Tea Party Willows Beach	7 Oak Bay Tea Party Parade 10:30am start
8 Oak Bay Tea Party Willows Beach Concert Band 12:00 pm at Willows Beach	9	10	11	12 Free Talk Community Connector 1:30-3:00pm Tech Support 2:00-4:00pm *\$15 registration	13	14
15 Father's Day 	16	17	18	19	20	21 Salt Spring Market Trip 7:40am-6:30pm *sold out
22	23	24	25 Free Talk Seniors Advocate 10:00-11:00am	26	27	28
29  Open Mic 1:30-3:00pm Lobby	30 Early Canada Day BBQ 12:00-1:00pm *sign-up required	July 1 Canada Day Centre Open 1-4pm 				

DON'T FORGET

July Monterey Centre Facility Closure

July 2 to August 4, 2025

We're excited for a fully updated
Reception area and other necessary
updates to the facility.

**The Centre will reopen on
Tuesday, August 5, 2025**

Centre Hours:

Monday - Thursday: 8:30am-9:00pm

Friday: 8:30am-4:30pm

Saturday: 8:30am-4:00pm

Sunday: 11:30am-4:00pm

Statutory Holidays: 1:00pm-4:00pm