

# MONTEREY WINTER DROP-IN ACTIVITIES SCHEDULE (JANUARY - APRIL 2025)

Included in Social Activity Membership | Facilitated by Monterey Recreation Centre Volunteers

<b>Blood Pressure Clinic</b> <i>Retired, Volunteer Nurses</i> <b>Thursday: 11:15am-12:45pm</b> <b>Cedar Room</b>	<b>Needlecrafts Group</b> <i>Diane Hansen</i> <b>Tuesdays</b> <b>12:30pm-2:00pm</b> <b>Garden Court</b>	<b>Topics in the News (Discussion)</b> <i>Chris Kershaw and Christine Collins</i> <b>Wednesday(1st &amp; 3rd):</b> <b>1:30pm-3:00pm</b> <b>Cedar Room</b>
<b>Classic Tunes Sing-Along</b> <i>Rolfe McCooley</i> <b>Thursday (1st &amp; 3rd):</b> <b>4:00pm-5:30pm</b> <b>Cedar Room</b>	<b>Philosophy Discussion Group</b> <i>Chris Kershaw</i> <b>Thursday: (1st &amp; 3rd)</b> <b>2:00pm-3:30pm</b> <b>Dogwood Room</b>	<b>World Religion Discussion Group</b> <i>Kathryn Kearney</i> <b>Friday (1st only)</b> <b>1:00pm-2:30pm</b> <b>Pine Room</b>
<b>Intermediate Guitar</b> <i>Rolfe McCooley</i> <b>Thursday (2nd &amp; 4th):</b> <b>4:00pm- 5:30pm</b> <b>Cedar Room</b>	<b>Poetry Discussion Group</b> <i>Peter McNab</i> <b>Wednesday:</b> <b>3:30pm-4:30pm</b> <b>Cedar Room</b>	<b>Open Mic</b> <i>Gail Dawson</i> <b>Last Sunday of every Month</b> <b>1:30pm-3:00pm</b> <b>Lobby</b>
<b>Monday Morning Walks</b> <i>Carol Brown and Gerhard Herndler</i> <b>Monday:</b> <b>9:30am - 5km Walk</b> <b>10:00am - 3km Walk</b> <b>Meet in Lobby</b>	<b>Social Bridge</b> <i>Janine Foychuk</i> <b>Monday: 12:30pm-3:30pm,</b> <b>Pine Room</b> <b>Thursday has joined</b> <b>Tables Games</b>	<b>Karaoke</b> <i>Lori Rilkoff</i> <b>Wednesday (1st and 3rd):</b> <b>3:00pm-4:30pm</b> <b>Dogwood Room</b>
<b>Monterey Golf Group</b> <i>Joyce Bevan</i> <b>Tuesday and Thursday:</b> <b>9:45am</b> <b>Henderson Park Golf Course</b> <b>Mid March - Mid November</b>	<b>Table Games</b> <b>Thursday: 12:30pm-3:30pm,</b> <b>Garry Room</b> <b>Friday : 1:30pm-4:00pm,</b> <b>Douglas Fir</b>	

## Social Activity Membership

**\$55.00 a year (from date of purchase)**  
**Access to all Drop-In Activities**  
**15% discount on select courses, trips, & events.**

## Questions?

**Contact Reception at 250-370-7300**  
**1442 Monterey Avenue, Victoria, B.C.**  
**Visit: [recreation.oakbay.ca](http://recreation.oakbay.ca)**

# MONTEREY DROP-IN ACTIVITIES

## DESCRIPTIONS

Included in Social Activity Membership | Facilitated by Monterey Recreation Centre Volunteers

### Blood Pressure Clinic

A weekly service for Social Activity Members. Participants receive a wallet card to track their weekly blood pressure readings

### Needlecrafts Group

All needle crafters are welcome

**ON BREAK UNTIL APRIL**

### Topics in the News (Discussion)

Join in the lively discussion of current local and international issues. Health, wellness, and local cultural events, also discussed.

### Classical Tunes Sing-Along

Sing classic songs from the 50s to 70s with an enthusiastic, relaxed group. 20 songs sung each session. Come sing for fun! Led by a singer with a guitar.

### Philosophy Discussion Group

Our aim is to focus on philosophical issues rather than political. Group members are emailed relevant materials in advance. Topics are wide spread.

### World Religion Discussion Group

Discussion on worldwide views, ethics, practices, and the beliefs of five major world religions.

### Intermediate Guitar

A room full of guitars singing and strumming a variety of songs with Folk, Scottish/Irish, and American roots. Bring your six-string and join the fun!

### Poetry Discussion Group

Read, listen, and discuss the power of poetry!

### Open Mic

Come play or listen to some wonderful music performed by local talent.

**January 26, February 23, March 23, and April 27**

### Monday Morning Walks

9:30am - 5km Walk  
10:00am - 3km Walk  
**Meet in Lobby**

### Social Bridge

If you are interested in joining this group, please leave your name and phone number with Reception.

### Karaoke

Come sing your heart out to your favorite songs!

### Monterey Golf Group

Weather permitting, at 9:45am we gather to socialize, 10:00am we arrange groups to tee off.  
**Mid March to mid November.**

### Table Games (Thursday)

Progressive Pairs Bridge (Isabel Hitchens), Social Bridge (Janine Foychuk), Chess (Geoffery Carrington), Cribbage (Kevin Britt), and Scrabble (Isabel Huner),

### Table Games (Friday)

Mahjong (Beth Rogers), Euchre (Usha Maheshwari), Social Bridge (Janine Foychuk) and Scrabble (Isabel Hunter)

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