



2019-2020

Novice Hockey League

MIGHTY DUCKS AGES 5-7 YRS

SESSION	Fridays 6:15-7:15pm	ACTIVITY
1	Sept 13	Equipment check, skating
2	Sept 20	Skating, strides, balance
3	Sept 27	Skating, stopping
4	Oct 4	Stopping, turning
5	Oct 11	Turning, crossovers
6	Oct 18	Backwards skating
7	Oct 25	Skating review
8	Nov 1	GAME NIGHT
9	Nov 8	Stick handling
10	Nov 15	Passing
11	Nov 22	Shooting
12	Nov 29	Skating Review
13	Dec 6	Puck and skating review
14	Dec 13	GAME NIGHT
15	Dec 20	PARENTS' NIGHT
***	Dec 27 – No Class	CANCELLED for WINTER HOLIDAYS!
***	Jan 3 – No Class	CANCELLED for WINTER HOLIDAYS!
16	Jan 10	Puck and Stick handling Review
***	Jan 17	CANCELLED for Adult Hockey Tournament
17	Jan 24	Skating Review
18	Jan 31	Passing and Shooting
19	Feb 7	GAME NIGHT
20	Feb 14	Offensive play
21	Feb 21	Defensive Play
22	Feb 28	Team play
23	Mar 6	PARENTS' NIGHT
24	Mar 13	GAME NIGHT

Please note:

- Instructors may change skill days depending on class progression.
- Game and Parents' Day dates **will not change**.
- There are no Cancellations for holidays except as noted.

* Parent and Child Hockey Sunday's 4:45-5:45 pm drop-in.

* **NHL GAME DAYS** – Starts after the season Sundays in April & May 1:45-2:45pm