


<b>Admissions</b>	<b>2</b>	<b>Golf</b>	<b>38-39</b>	<b>Registration</b>	<b>88</b>
Annual passes	inside cover,2,40	Fees	38	<b>Softball</b>	<b>69</b>
Drop-in fees	2	Lessons	39	<b>Skating</b>	<b>70-75</b>
Facilities	84,85	<b>Henderson Drop-in Sports</b>	37	Arena Rental Rates	71
Registration	<b>88</b>	<b>L.I.F.E. Program</b>	83	Duffer Hockey	70
<b>Arts &amp; Culture</b>	<b>4,40</b>	<b>Monterey Recreation Centre Adult Programs</b>	<b>41-59</b>	Hockey	74-75
Arts Alive Oak Bay	7	Arts and Crafts	42-46	Hockey Leagues- Adult	75
<b>Birthday Parties</b>	<b>8,9,21</b>	Bridge	47	Ice Skating Schedule	70
<b>Catering</b>	<b>28,47</b>	Cuisine/Libations	48	Private Lessons	71
<b>Childcare &amp; Licensed Programs</b>	<b>10-18,29</b>	Dance	49	Skating Lessons - Adult/Youth	71
Before & After School Care	10	Dog Training	56	Skating Lessons - Child	72-73
Paddington Daycare (3-5 years)	10	Health & Wellness	50-52	<b>Special Events</b>	<b>4,5,7</b>
Preschool Playhouse (3-5 years)	10	Languages & Travel	54	Calendar listing	4-5
Pro-D-Day Care/Skidaddle	11,18	Meditation/Mindfulness	53	Fall Music concert series	6
Playtime Drop-In Childminding	29	Monterey Membership Information	59	Oak Bay ArtsAlive -Arts & Culture	7
<b>Childrens' Community Recreation</b>	<b>11-21</b>	Music	55	<b>Sports View Deli Bar and Grill</b>	<b>28</b>
Christmas Break	15	Photography	57		
Pre-school	11-15	Special Interest	55-57	<b>Youth</b>	<b>20-21,62,65,73</b>
School Age	13-21	Technology	57-58	Aquatics	62,66-68
Spring Break	16-21	<b>Parks</b>	86-87, inside back cover	Skating	71
<b>First Aid</b>	<b>36</b>	<b>Pickleball</b>	<b>37,83</b>	Tennis	79-80
<b>Fitness</b>	<b>21-35</b>	<b>Pool-Aquatics</b>	<b>60-68</b>	Youth Centre & programs	18-21
Circuit Classes	28	Advanced Aquatics	68	<b>Tennis</b>	<b>76-82</b>
Cycling - Indoor at Henderson	32	Aqua-Fitness & Descriptions	61	Indoor Court Rentals	76
Dance Fitness Classes	29	Masters	61	New Year's Classic	77
Drop-in Adult Fitness Classes	22-23	Pool Schedule	60-61	Outdoor Court Rentals	77
Fitness Studio Schedules	23	Spring BreakSchedule	62	Private Instruction	77
Over 50	30-31	Private Lessons	63	Social Tennis Programs	82
Personal / Specialized Training	25	Swim Lessons - Adult/Youth	67	Specialty Clinics	82
Pilates	33	Swim Lessons - Children	64	Special Events	77
Rehab / Take Heart	24	Lesson Descriptions	65	Tennis Lessons- Adult	81
Speciality Fitness	26-27	Advanced Lessons	66-67	Tennis Lessons- Junior	78-79
Youth Fitness/orientation	21	Waterpolo	66	Tennis Lessons- Youth	80
Yoga	34-35	<b>Recreation Facilities</b>	<b>84-85</b>		

**Oak Bay Parks, Recreation, and Culture  
Mission Statement:**

**To enhance life in our community  
through the provision of quality services.**

