



WHAT YOU SHOULD KNOW ABOUT SPRING BREAK AT RECREATION OAK BAY:

Leadership: Camp leaders are selected for their experience, abilities and dedication to providing every camper with a safe and fun camp experience.

A Safe Place for Children: Campers are fully supervised throughout the day. Camp leaders are trained in First Aid and CPR, have completed a criminal record check and receive a minimum of eight hours of training. Parents/guardians are required to sign campers in and out of camp each day and provide current medical and emergency information for their camper.

Camp Schedules: For most camps, you will be emailed a schedule and parent information letter the Wednesday before the camp begins. Schedules and the parent letter will indicate items your camper should bring to camp each day. Please note: schedules are subject to change.

The First Day of Camp: Please be prepared to stay a few minutes on the first day of camp to complete sign-in, meet your camper's leaders and complete any outstanding paperwork.

Poor Weather: Camps run rain or shine unless you are notified otherwise.

Epi-pens & Severe Allergies: If your child carries an Epi-pen, an Emergency Medical Information Form must be completed before the first day of camp. Forms are available at reception.

Please refrain from sending "products with nuts" to camp.

Extra Support Needs: If your child is eligible for a support staff through funding by Supported Child Development please contact the Community Recreation Programmer at 250-370-7204 to arrange for support staff PRIOR to registering for a camp.

Spring Break Camp Registration & Withdrawals: Please refer to page 88 for registration and withdrawal information.

Age Requirements: • In order to register for full day camps, campers must be currently attending kindergarten or higher and meet the minimum age requirement by December 31, 2019.

• In order to register for preschool aged camps, campers must meet the minimum age requirement by March 31, 2019 and must be able to use the toilet independently.

Questions and Concerns: Please contact reception at 250-595-SWIM (7946) and a receptionist will be happy to answer your questions or have a camp supervisor contact you.

Your feedback is important to us! Email surveys are sent out for each week your child attends camp. Feel free to fill them out weekly or if your time is restricted just fill out one at the end of the session.

Recreation Oak Bay's new cancellation policy:

To serve you better Recreation Oak Bay has updated the camp cancellation policy. • All weekly camp credits/refunds/ changes must be requested by 10pm the Thursday prior to the start of camp. • All daily registration camps (Skidaddle and Fun Unlimited PM) camp credits/refunds/changes must be requested at least 72 hours prior to the start of camp. For example: By Friday at 9am if daily camp is on Monday starting at 9am.

PRESCHOOL - SPRING BREAK CAMPS

ADVENTURE BAY

3-5yrs

Oak Bay has turned into Adventure Bay for all the Paw Patrol lovers. Ryder and your favourite furry friends need your help to solve problems and save the day! It is going to require team work from all paw patrollers big and small. Join in this exciting week of camp full of crafts, songs, stories and more with a Paw Patrol theme.

Windsor Pavilion

Mar 25-29	M-F	9:30am-noon	\$115/5	38386
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DANCE EXPLORATION CAMP

3-5yrs

Do you love to put your favourite music on and dance around the living room? Then this is the camp for you. You will be exploring many different styles of dance like ballet, contemporary, jazz, and tap, and all the great music that comes with it. Be prepared to dance your socks off! Dancers should come in comfy clothes, ready to move, and with hard shoes available for the tap portions. Dancers should also bring a snack and drink with them as we will need a refreshment after all the activities. Invite your parents for a mini performance on the last day to see how much you have learned!

Windsor Pavilion Westcoast Academy of Performing Arts

Mar 18-22	M-F	1-4pm	\$145/5	39377
Mar 25-29	M-F	1-4pm	\$145/5	39378

RICHARDSON SPORT MULTISPORT CAMP

3-5yrs

Richardson Sport camps give you a positive first interaction with sports. Acquire skills in hockey, baseball, soccer, volleyball, baseball, rugby, lacrosse, golf, basketball, and football in a safe, structured environment that focuses on building self-esteem. NCCP coaches will teach games and activities designed to allow you to explore agility, timing, balance, movement, hand/eye coordination, and skill development tailored to individual skill level.

Henderson Recreation Centre Richardson Sport

Mar 18-22	M-F	9am-noon	\$145/5	39379
Mar 25-29	M-F	1-4pm	\$145/5	39381

SPRING BREAK SOCCERTRON TOTS CO-ED

3-6yrs

Catch all the soccer excitement this spring! Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic, professionally trained coaches really focus on motivating kids and developing strong skill fundamentals. Your child will have a fantastic week. FUN is the most important part of soccer. FUNDamentals.

Oak Bay Recreation Centre Elisco Enterprises Inc.

3-4 yrs	Mar 18-22	M-F	3:30-4pm	\$43/5	37458
3-4 yrs	Mar 25-29	M-F	3:30-4pm	\$43/5	37459
5-6 yrs	Mar 18-22	M-F	4:15-4:45pm	\$43/5	37464
5-6 yrs	Mar 25-29	M-F	4:15-4:45pm	\$43/5	37465

SUPER HERO ACADEMY

3-5 yrs

Calling all Super Heroes! Welcome to Super Hero Academy, where you will learn to leap over tall buildings in a single step, capture villains in your web, fly through obstacles, and learn new skills you will need to save the world! Heroes will have lots of fun with crafts, stories, outdoor games, and many more activities!

Windsor Pavilion

Mar 18-22	M-F	9:30am-noon	\$115/5	38940
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SPRING BREAK FLYER (available in March)
with all the extra drop-in schedules!



SPRING BREAK CAMPS AT WINDSOR PAVILION

A VERY CRAFTY SPRING WITH CRAFTY SCHOOL OF ART

Spend a week this Spring Break exploring a variety of mediums from clay and sewing to felt-making and painting. 5-8yrs

Spring is your inspiration and your projects will be full of flowers, bees and butterflies! You will play games, read stories, and have some outside time to enjoy the new season. **Crafty School Of Art**

Mar 25-29	M-F	9am-noon	\$165/5	39374
Mar 25-29	M-F	1-4pm	\$165/5	39375

BYTE CAMP - 3D ANIMATION

11-14yrs

Dreaming of a career with PIXAR? Ever wonder how those awesome 3D animated movies like Shrek, Toy Story and Frozen are made? Spend the week learning how by modeling, animating and telling your own stories in 3D. You will use Blender, a wonderful (& free!) 3D software, to design characters that jump off the screen and then make them come alive by adding voices, soundtracks and completing your own animated short film. Final projects are usually group projects with each student contributing a character and a scene. **Byte Camp Education Society**

Mar 18-22	M-F	9am-3pm	\$315/5	39373
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SCIENCE KIDS

7-12yrs

This week is packed full of science games and experiments for young curious scientists. You will mix, measure, and stir your way through chemical reactions, experiments with colour, and kitchen "magic!" Swimming, active games, and out trips are also included in this week's activities.

Windsor Pavilion

Mar 18-22	M-F	8:45am-4:45pm	\$237/5	38936
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SPY VS. SPY

7-12yrs

Something is amiss in Oak Bay! Your mission, should you choose to accept it, is to investigate the parks, beaches, and pools to collect confidential clues, all the while keeping an eye out for double agents in a thrilling week of secrecy, espionage, and adventure! This message will self-destruct in 30 seconds...

Mar 25-29	M-F	8:45am-4:45pm	\$237/5	38939
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Children must be currently attending kindergarten or older in order to register for these programs.

SKIDDADLE 5-12yrs

Come spend your Spring Break at Skidaddle! There are tons of fun activities planned for you including swimming, arts and crafts, games and lots more fun! Don't forget your swimsuit, towel and a quarter for a locker.

Neighbourhood Learning Centre

M-F	8:15am-5:15pm	Mar 18-22	\$43 per day
M-F	8:15am-5:15pm	Mar 25-29	\$43 per day

Skidaddle registration is available online!

FUN UNLIMITED WITH SWIM LESSONS 6-12yrs

Fun Unlimited with Swimming Lessons includes an hour of swimming lessons daily, with the rest of the morning jam-packed with fun games, crazy crafts, and outdoor activities (weather permitting); all with the flexibility of a half-day camp!

Add an afternoon, 12:15-5pm, of Fun Unlimited for only \$20 to make it a full day camp.

Mar 18-22	M-F	8:15am-12:15pm	\$161/5	41431
Mar 25-29	M-F	8:15am-12:15pm	\$161/5	41432

ART IMAGINARIUM 7-12 yrs

Let your imagination soar while experimenting with a variety of materials at Art Imaginarium! You will create unique projects while learning the basics of texture and colour. This fun, creative, and inventive environment will include drawing, sculpting, painting, and even creating your own picture book or comic. The creativity and possibilities at camp include outdoor play, swimming, and more!

Mar 18-22	M-F	8:30am-4:30pm	\$252/5	38929
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LEGO MANIACS 5-8yrs

Do you like LEGO, building, and creative play? This week is packed full with all the building blocks to fun! Spend the week using LEGO, wooden blocks, cardboard, and as many tools and supplies that can be found to create as many different structures, mazes, and animals you can imagine. Swimming, games, and an out trip are also included in this week's activities. Children must currently be attending kindergarten to register for this program.

Mar 18-22	M-F	8:30am-4:30pm	\$237/5	38930
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SCHOOL OF ART 7-12yrs

Welcome to the School of Art! This week you will experiment with painting, sketching, sculpture, colour, shape, and form. You will have lots of fun as you learn new techniques and try a variety of art mediums. You will also enjoy an afternoon of swimming and a variety of outdoor games throughout the week.

Mar 25-29	M-F	8:30am-4:30pm	\$252/5	38935
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GLITZ AND GLAM 5-8 yrs

Are you a future fashionista? In this glamorous, action packed week of fun, you will enjoy making jewellery, popsicles, bath fizzes, and other glitzy crafts. Throughout the week you will go on out trips, go swimming, play beach games, and so much more! You will conclude the week by planning and performing your very own fashion show! Children must currently be attending kindergarten or higher to register.

Mar 25-29	M-F	8:30am-4:30pm	\$237/5	42030
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* WEDNESDAY PIZZA AT NLC

Spring Break Pizza Days are available for camps at the Neighbourhood Learning Centre **Only** - Lunch includes a slice of Villages cheese pizza, chocolate milk and apple slices. Register by Tuesday at 10am. Tax not included.

Wed	Mar 20	1 slice \$6	2 slices \$8
Wed	Mar 27	1 slice \$6	2 slices \$8

SPRING BREAK CAMPS AT HENDERSON RECREATION CENTRE

BADMINTON CAMP

Join Mary-Jo Randall, a NCCP Level 2 coach, and her assistants to learn basic badminton skills in unique ways. There will be time for tactics and strategies to help step up your game! Drills, skill instruction, and lots of variations of games are featured this week. Mary-Jo will introduce basics to the younger group, and reinforce the basics for the older group. This Badminton camp emphasizes the FUNDamentals of badminton as a sport for life, with fair play for all skill levels! Registration includes Badminton BC Membership.

Vancouver Island Badminton Excellence

6-10yrs	Mar 18-22	M-F	1-4pm	\$139/5	39371
11-14yrs	Mar 18-22	M-F	1-4pm	\$139/5	39372

OUTDOOR ADVENTURES 7-12yrs

New! Let fresh air be your fuel this week as you go hiking, geo caching, and an afternoon of rock climbing! This camp is great for children who love the outdoors, adventure and trying something new! Come prepared for lots of outdoor exploring and discovery! This camp has informed consent and waivers to be completed on the first day of camp.

Henderson Recreation Centre

Mar 18-22	M-F	8:30am-4:30pm	\$220/5	38931
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RICHARDSON SPORT MULTISPORT CAMP 3-5yrs

Richardson Sport camps give you a positive first interaction with sports. Acquire skills in hockey, baseball, soccer, volleyball, baseball, rugby, lacrosse, golf, basketball, and football in a safe, structured environment that focuses on building self-esteem. NCCP coaches will teach games and activities designed to allow you to explore agility, timing, balance, movement, hand/eye coordination, and skill development tailored to individual skill level. This program operates on a 12:1 child to coach ratio.

Mar 18-22	M-F	9am-noon	\$145/5	39379
Mar 25-29	M-F	1-4pm	\$145/5	39381

SPORTS OF ALL SORTS 7-12yrs

Learn the FUNDamentals of sport! At this camp, instructors introduce you to new sports through drills, games, and teamwork activities with an emphasis on fun and fair play. Through the week you will try your hands at a variety of sports such as floor hockey, soccer, baseball, volleyball, cooperative games and more!

Mar 25-29	M-F	9am-5pm	\$220/5	38938
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SPRING BREAK CAMPS AT OAK BAY RECREATION CENTRE

JUNIOR LIFEGUARD CAMP

8-12yrs

In Junior Lifeguard Camp, kids learn attitudes and skills that could one day save a life; their life, or someone else's! This camp is designed to let kids participate in activities similar to those of real lifeguards in a safe, fun, and controlled setting. Campers will enjoy friendly competition and special events, challenging themselves to aim for personal bests, and learn about lifesaving and life guarding while hanging out with friends. Prerequisite: Campers must have passed Swim Kids Level 4 to register.

Mar 18-22	M-F	9am-5pm	\$245/5	41427
Mar 25-29	M-F	9am-5pm	\$245/5	41430

BRONZE MEDALLION & CROSS COMBINATION COURSE 13+

In this intensive course, candidates will have the opportunity to earn their Bronze Medallion, Bronze Cross and CPR C. Challenges include: an 18 minute 600m swim, shallow and deep water rescues, management of spinal injuries and CPR. The Canadian Lifesaving Manual (required text) may be purchased at OBRC Reception. 100% attendance is required. Pre-requisites: 13 years of age by last day of course, or completion of Bronze Star by first day of course.

Mar 18-22	M-F	8:45am-5pm	\$306/5	39604
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NATIONAL LIFEGUARD AWARD

16yrs+

See Advanced Aquatics on page 68

Mar 25-29	M-F	8:30am-6pm	\$347/5	39658
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WATER SAFETY INSTRUCTOR - STEP 2

15yrs+

Mar 25-28	M-Th	9am-5:30pm	\$180/4	39725
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PRIVATE SWIM LESSONS SIMPLE SET DURING SPRING BREAK

SIMPLY CHOOSE THE WEEK AND A TIME, THEN REGISTER
WITH RECEPTION AT 250-595-SWIM (7946)

Simple Set private swim lessons have the option of individualized or semi-private instruction.

Come with a friend, learn together!

Monday-Friday

9-9:30am • 9:30-10am • 10-10:30am

March 18-22 and March 25-29

Private: 5/\$130 Semi-Private: 5/\$153



NHL SPRING BREAK ICE HOCKEY CAMP

The co-ed Novice Hockey League Spring Break Camp offers 7.5 hours of on-ice hockey instruction. Skills covered for beginner to intermediate level players are skating, stick handling, passing, shooting and team play. Station centered drills in like-skilled groups are utilized to keep kids moving and engaged at a challenging level. Off-ice activities include fun on the indoor turf playing cooperative games. Goalies in full CSA certified gear are welcome.

Players must be able to skate the length of the ice and back with some speed and stop comfortably. Prerequisite: Preschool 3 or Skate 2. **Full gear is mandatory for all participants.**

No gear? No problem! Please ask at time of registration about Recreation Oak Bay's FREE hockey gear lend out program.

Oak Bay Recreation Centre

5-8yrs	Mar 18-22	M-F	8:15-11:30am	\$185/5	37675
8-14yrs	Mar 18-22	M-F	8:15-11:30am	\$185/5	37676

SOCCERTRON COED 1/2 DAY

7-12yrs

Soccertron coaches are eager to help each young player improve their soccer skills while having fun at the same time! This program runs for five consecutive days, with each day's session being 4 hours long. During each session, there are themed skills that the coaches target for development. Children will be put into appropriate age groups and skill levels. Camp includes a t-shirt.

Oak Bay Recreation Centre

Elisco Enterprises Inc.

Mar 18-22	M-F	1-5pm	\$187/5	37468
Mar 25-29	M-F	1-5pm	\$187/5	37469



SPRING BREAK TINY STARS TENNIS CAMP

5-7yrs

This half day camp will be perfect for those Red Ball players looking for a fun filled morning of tennis.

Robyn Wein

Mar 18-22	M-F	9am-noon	\$102/5	40630
Mar 25-29	M-F	9am-noon	\$102/5	40634

SPRING BREAK JUNIOR/TEEN TENNIS CAMP

8-17yrs

This half day camp will be perfect for those kids looking for a little taste of tennis and a lot of fun. Participants will be grouped according to age. Maximum eight per instructor during drills.

Lunch hour supervision is available for those that want to combine two half days to make a full day camp.

Tiara Hobbs

Mar 18-22	M-F	8:30am-noon	\$119/5	40633
Mar 18-22	M-F	1-4:30pm	\$119/5	40632
Mar 25-29	M-F	8:30am-noon	\$119/5	40629
Mar 25-29	M-F	1-4:30pm	\$119/5	40636

SPRING BREAK TENNIS LUNCH TIME CARE

5-12yrs

Mar 18-22	M-F	12-1pm	\$25/5	40631
Mar 25-29	M-F	12-1pm	\$25/5	40635

SPRING BREAK TENNIS TOURNAMENT - See page 77

YOUTH SPRING BREAK CAMPS

BADMINTON CAMP (see description on page 18)

11-14yrs

Mar 18-22	M-F	1-4pm	\$139/5	39372
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RED CROSS BABYSITTING COURSE

11-15yrs

This fun and interactive Red Cross certification course teaches the basics of child care including: the business of babysitting, caring for babies, toddlers, preschoolers, and school age children. You will learn how to create safe environments and how to handle basic first aid situations. Manual included. Students must attend all classes.

Neighbourhood Learning Centre

Youth Centre

Mar 18-21	Mon-Thu	9:30am-noon	\$75/4	39774
Mar 25-28	Mon-Thu	1-3:30pm	\$75/4	39777

YOUTH FITNESS EDUCATION 101

13-16 yrs

Are you a teen who is interested in health, fitness or learning more about how to improve your workouts? This program is designed for teens who have an interest in the basics of fitness such as anatomy, physiology, nutrition and proper technique. Each session will include some theory as well as practical activities. Please note, this course will also provide youth ages 13 and 14 with a pass that allows them to use the fitness centres during staff attended times. The pass will also be honoured at other local recreation centres (specific facility rules apply).

Oak Bay Recreation Centre

Mar 18-22	M-F	2:30-4pm	\$67/5	39787
Mar 25-29	M-F	2:30-4pm	\$67/5	39789