

# Skating Schedule

(September 4-December 22, 2023)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Over 40 Duffer Hockey</b> 8:30-10:15am (Sept 18-May 27)	<b>Over 50 Duffer Hockey</b> 8:30-9:45am (Sept 19-May 28)	<b>Over 40 Duffer Hockey</b> 8:30-10:15am (Sept 20-May 29)	<b>Over 50 Duffer Hockey</b> 8:30-9:45am (Sept 21-May 30)	<b>Over 40 Duffer Hockey</b> 8:30-10:15am (Sept 22-May 31)		<b>Family Skate</b> 1:30-2:45pm (Oct 1-March 31)
<b>Over 60 Duffer Hockey</b> 10:30-11:45am (Sept 18-May 27)	<b>Adult Skate</b> 10:00-11:30am (Sept 19-May 14)		<b>Adult Skate</b> 10:00-11:30am (Sept 21-May 16)		<b>Adult Fall Hockey League</b> 6:15-7:30pm (Sept-Dec)	<b>Everyone Welcome</b> 3:00-4:15pm (Sept 10-Aug 25)
	<b>Over 18 Duffer Hockey</b> 11:45am-1:15pm (Sept 19-May 28)		<b>Over 18 Duffer Hockey</b> 11:45am-1:15pm (Sept 21-May 30)	<b>Over 60 Duffer Hockey</b> 11:45am-1:15pm (Sept 22-May 31)	<b>Everyone Welcome</b> 7:45-9:00pm (Oct 7-March 30)	<b>Parent &amp; Child Hockey</b> 4:30-5:30pm (Oct 1-March 31)
	<b>Low Cost Everyone Welcome</b> 6:30-7:45pm (Oct 3-Mar 26)			<b>Everyone Welcome and Stick &amp; Puck</b> 8:15-9:30pm (Oct 6-Mar 29)	<b>Adult Fall Hockey League</b> 10:30-11:45pm (Sept-Dec)	<b>Adult Fall Hockey League</b> 8:15-11:00pm (Sept-Dec)

## Descriptions

### Adult Skate (for 18 and up)

Come out and skate Tuesday and Thursday mornings! Please bring your helmet.

### Everyone Welcome

Skating for all ages.

### Low Cost Everyone Welcome for \$3.50

What a deal, anyone can skate! Rentals only \$2.25

### Everyone Welcome Stick and Puck

Shared ice to practice your skills. Players must bring a stick and wear a helmet and gloves. Sponge pucks only \$2 (deposit required). No games.

### Family Skate

A great personal time for families to have fun. Enjoy a special beginner's corner for preschoolers. Strollers are allowed on the ice with permission.

### Parent and Child Hockey

Sponge puck hockey with a special area for beginners. Parents must be on the ice with children. Helmet with a mask must be worn by children. Admission includes one adult and up to two children and children's rentals. Sponge pucks only \$2 (deposit required).

### Over 60, Over 50, Over 40 and Over 18 Duffer Hockey

Co-ed Hockey for players and goalies of all skills and abilities.

## Duffer Hockey Drop-in Guidelines

### DUFFER HOCKEY OVER 40, 50 AND 60 YEARS - CO-ED

- Register online after 6:30pm the day prior to playing.
- Players must arrive in person by 8:20am to keep their spot.

### DUFFER LUNCHTIME HOCKEY FOR PLAYERS 18 YEARS AND OVER

- Register online after 6:45pm the day prior to playing.
- Players must arrive in person by 11:35am to keep their spot.

**Full gear is mandatory.** A visor, neck-guard and shoulder pads are highly recommended.

**Goalies play for free.** Register up to two weeks in advance online or call Reception at 250-595-7946.

Pre-registration privileges will be revoked after two unexplained absences.

## How to Register Online

1. Ensure your Oak Bay online account and login is set up.
2. Login with user ID and password at: [oakbayrec.perfectmind.com](http://oakbayrec.perfectmind.com)
3. Click **Schedule** Button near the top left of the screen.
4. Click **Duffer Hockey** under the Skating menu.
5. Select **date** and **type of Skate Session** and click **Reserve**. You are added to the waitlist if the session is full.
6. Choose your method of payment.

OAK BAY RECREATION CENTRE

1975 Bee Street | 250-595-7946  
recreation.oakbay.ca



## PRO-D DAY & HOLIDAY SKATES

Check online for skating sessions.