

MONDAY AUGUST 2/2021

EARLY BIRD SWIM

6:00-9:00am

DEEP WATER AQUAFIT

With Crissy

9:00-10:00am

KIDS FUN SWIM

10:00am-12:00pm

LEISURE &

LENGTHS SWIM

12:00- 1:30pm

SHALLOW ENERGIZER AQUAFIT

With Mary- Jane

1:30-2:30pm

KIDS FUN SWIM

2:30-5:00pm

LEISURE & LENGTHS SWIM

5:00-6:00pm

SINGLE LANE &

WATER RUNNING

BOOKINGS

6:15-7:15pm & 7:30-8:30pm

LEISURE & LENGTHS SWIM

8:30-9:30pm