

OAK BAY PARKS



Summer
Programs
2020

Information on Parks and
Nature Programs Inside.

Please check our website for
updated COVID-19 Safety
Protocols for all programs.

250-595-7946
recreation.oakbay.ca



Come and enjoy the many beautiful parks in Oak Bay!

Anderson Hill Lovely park to walk and enjoy ocean views overlooking Trial Island and the Strait of Juan de Fuca.

Carnarvon Park Six outdoor tennis courts, sports fields and the home of **Oak Bay Lawn Bowling Club and the Rotary Water Park**. The Water Park is open July to September-10am to 6pm daily.

Cattle Point Two boat launches and great views of Mt. Baker.

Fireman's Park Sports field and a playground.

Gyro Park Playground and greenspace.

Henderson Park Home of Henderson Recreation Centre, 6 outdoor tennis courts (3 lit, 3 unlit), sports fields, playground, 1km chip trail with a fitness circuit around the nine hole par 3 golf course.

Native Plant Garden Stroll around garden and pond areas which acts as a preserve for plants indigenous to southern Vancouver Island.

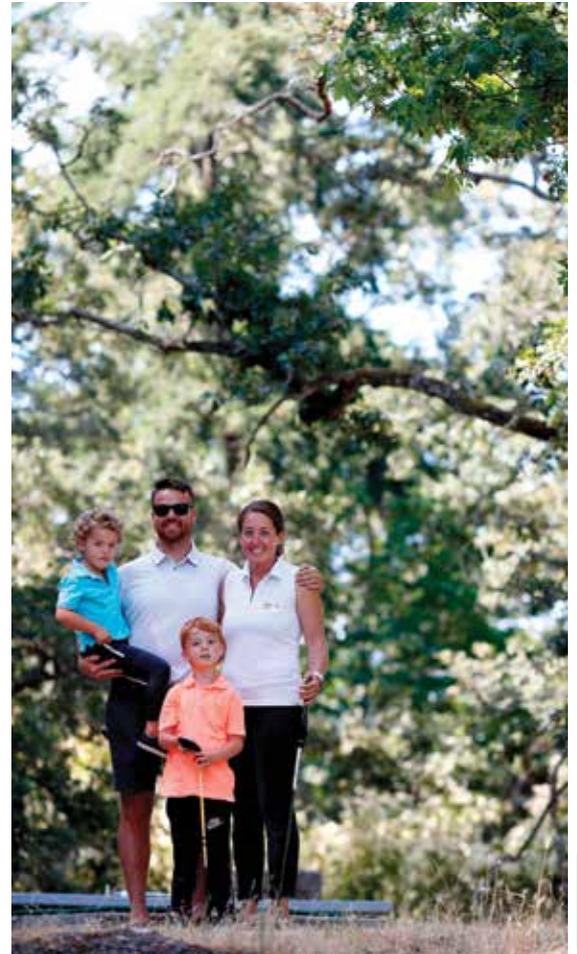
Uplands Park 76 acre park with a number of trails to explore and an excellent example of a Garry Oak meadow. Uplands Park is also home to a number of rare plant species.

Willows Beach Park The jewel of Oak Bay with its sandy beach, esplanade, playground and is home of the Kiwanis Tea Room. The Tea Room is open 9am to 5pm daily from the last week in April until the last week in September.

Windsor Park Home of Windsor Pavilion, sports fields, accessible playground, 4 outdoor tennis courts. Enjoy a stroll through the Oak Bay Rose Garden located at the southeast corner of the park or the Accessible Scented Garden located at the northeast corner of the park.

For a full list of parks and locations see the inside back cover of this brochure.

recreation.oakbay.ca



Looking for a great Golf Course in Victoria?

Henderson Park Golf Course is ideal for beginners or those who want to practice their short game. Nestled in a beautiful tree-flanked setting with lots of rhododendrons, the course provides a challenge to beginners and more experienced golfers alike. Group lessons, private lessons, group bookings, and specials available.

Henderson Park Par 3 Golf Course is located at 2291 Cedar Hill X Road, open March-November (weather permitting). Please call reception at 250-370-7200 for hours.

See more at: recreation.oakbay.ca

Field Bookings

Call 250-592-7275 for field bookings.

Book an Oak Bay park for your family gathering this summer!

Call 250-592-7275.

Windsor Pavilion

Windsor Pavilion is available for room rentals.

Call 250-592-7275 to book!

Have a great Summer!



Uplands Park, a place of Tranquil Beauty

Uplands Park is a place of exceptional beauty. It is home to a significant portion of what remains of our endangered Garry Oak meadows and associated ecosystems woodlands and hosts 26 species of rare and endangered plants, some of which are only found in a few other places in Canada. The park offers superb vistas of the sea, magnificent varied landscapes and spectacular displays of flowering meadows. While all of the park's meadows are magnificent, particularly during the spring months when they are at their most colourful, one among them stands out as being of particular interest: the "Central Meadow", recognizable by its iconic Garry Oak and rocky outcrop

(see picture). Of all the meadows in the park, the Central Meadow has the greatest diversity of flowering plants and is home to 17 endangered species of plant, making it an ecological gem of national importance. We know from museum records that many rare species have been lost over the last century and at least six since the 1990s in Uplands Park. And, this is only the plants. There used to be a number of rare butterflies found in the park, which, sadly, have since vanished over the last few decades. Please refrain from throwing balls for your dog in the open meadows.

Native Plant Gardening Workshop Saturday, April 4 from 9:30am to 12:30pm Swan Lake Nature House (Free)

Participants will learn about the best native plants for their gardens and what they need to grow well. There is an excellent native plant garden around the Nature House

Pre-register by contacting Margaret Lidkea, mlidkea@shaw.ca; or Swan Lake Nature Sanctuary 250-479-0211

Friends of Uplands Park Nature Programs

Celebrate Camas and Wildflowers in Uplands Park

**Sunday, May 3 • 12:00 to 3:00 pm
Beach Drive at Cattle Point entrance**

Uplands Park camas meadows will amaze you. Biologists from Friends of Uplands Park will lead you on a ramble through a sea of blue camas, sparkling with other wildflowers. Learn what these plants need to be grown in your garden. Growing native plants provides food for native animals like pollinating insects and birds.

Meet at our information tent. Enjoy the displays, music and refreshments.

- Wildflower Walks along easy paths, will be offered frequently.
- Visit the information kiosk at the Beach Drive entrance to Uplands Park.
- Learn about the park's history and why its so unique to the community.

Willows Beach Seine Net presented by the Royal BC Museum and Friends of Uplands Park

Sunday, June 7 from 11:30am to 1:00pm

Willows Beach north end People will collect from the seine net using FOUP equipment and learn about the critters from the museum experts.

Birding in Uplands Park

Please check the events calendar for birding dates on the Parks, Recreation and Culture website or contact David Newell at dnewell@gmail.com for upcoming birding news and events. Information will also be posted on the Friends of Uplands Park Website: friendsofuplandspark.org

Victoria Harbour Migratory Bird Sanctuary

100% of the marine waters along Oak Bay's seafront are within the historic Victoria Harbour Migratory Bird Sanctuary. The Sanctuary was established in 1923 to control hunting, including market hunting of waterfowl like Brant geese, then a favorite Christmas meal. Largely forgotten for decades and once considered to be delisted by the Government of Canada the Migratory Bird Sanctuary is now the object of renewed interest. Arguably, the sanctuary has some of the best coastal and marine wildlife in Urban Canada. Over 270 species of birds, 28 species of mammals and 95 plus species at risk have been identified. Also included in this diverse habitat are vast beds of clams and eelgrass, large patches of surfgrass and kelp forests, vast tidal flats, fast moving tidal waters, rare coastal sand ecosystems, maritime meadows and other Garry oak associated ecosystems.

The sanctuary is also part a new Greater Victoria "Naturehood" as recognized on

July 12, 2017 by Nature Canada. It's described as the perfect place to connect to nature and the Salish seas in the City, an area with remarkable and valuable wildlife. Oak Bay with 10 bird watching hotspots provides some of the best birding in the Greater Victoria Area.

Gonzales Point (Victoria Golf Course, restricted access), 228 species:

ebird.org/canada/hotspot/L472193

Cattle Point, 218 species:

ebird.org/canada/hotspot/L348477

"Bowker Reef", end of Bowker Ave., south end of Willows Beach, 153 species:

ebird.org/canada/hotspot/L1298602

Turkey Head-Queen's Park, 146 species:

ebird.org/canada/hotspot/L1271726

Oak Bay, 143 species:

ebird.org/canada/hotspot/L368405

Harling Point-Chinese Cemetery, 136 species:

ebird.org/canada/hotspot/L1298601



McMicking Point, 130 species:

ebird.org/canada/hotspot/L343666

Kitty Islet, 115 species:

ebird.org/canada/hotspot/L3272905

Gonzales Bay, 107 species:

ebird.org/canada/hotspot/L809837

McNeill Bay, 76 species:

ebird.org/canada/hotspot/L5413245

VICTORIA HARBOUR MIGRATORY BIRD SANCTUARY

Est. Oct 27th, 1923 | 28 km in length | 1849 hectares of seafront waters

**A LOT MORE THAN VICTORIA HARBOUR
A LOT MORE THAN BIRDS**

Brought to you by the Friends of Victoria Harbour MBS, Baynes Foundation, and the Victoria Natural History Society.

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