OAK BAY RECREATION CENTRE
EFFECTIVE AUGUST 3– SEPTEMBER 5/2021

SUMMER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
EARLY BIRD SWIM 6:00-9:00am	EARLY BIRD SWIM 6:00-9:00am	EARLY BIRD SWIM 6:00-9:00am	EARLY BIRD SWIM 6:00-9:00am	EARLY BIRD SWIM 6:00-9:00am	EARLY BIRD SWIM 6:00–8:00am	EARLY BIRD SWIM 6:00–8:00am
DEEP WATER AQUAFIT With Crissy 9:00-10:00am	SHALLOW WATER AQUAFIT With Nelly 9:00-10:00am	WATERWORKS With Teri 9:00-10:00am	SHALLOW WATER AQUAFIT With Nelly 9:00-10:00am	SHALLOW WATER AQUAFIT With Crissy 9:00-10:00am	SHALLOW WATER AQUAFIT With Nelly 8:00-9:00am	GROUP BOOKING LIGHTNING FAST 8:00-10:15am
NOTE: Advanced Aquatic courses may be in the pool Monday– Friday until 5pm					SWIM LESSONS 9:30am-1:00pm	SWIM LESSONS 10:30-1:00pm
SWIM LESSONS 10:15-12:45pm	SWIM LESSONS 10:15-12:45pm	SWIM LESSONS 10:15-12:45pm	SWIM LESSONS 10:15-12:45pm	SWIM LESSONS 10:15-12:45pm		
LEISURE & LENGTHS SWIM 12:45-1:30pm	LEISURE & LENGTHS SWIM 12:45-1:30pm	LEISURE & LENGTHS SWIM 12:45-1:30pm	LEISURE & LENGTHS SWIM 12:45-1:30pm	LEISURE & LENGTHS SWIM 12:45-1:30pm	KIDS FUN SWIM 1:00-4:00pm	KIDS FUN SWIM 1:00-4:00pm
SHALLOW ENERGIZER AQUAFIT With Mary– Jane 1:30-2:30pm	50 & BETTER SHALLOW AQUAFIT With Teri 1:30-2:30pm	SHALLOW ENERGIZER AQUAFIT With Mary –Jane 1:30-2:30pm	50 & BETTER SHALLOW AQUAFIT With Teri 1:30-2:30pm	SHALLOW ENERGIZER AQUAFIT With Mary –Jane 1:30-2:30pm		
NOTE: Advanced Aquatic courses may be in the pool Monday– Friday until 5pm						
KIDS FUN SWIM 2:30–5:00pm	KIDS FUN SWIM 2:30–5:00pm	KIDS FUN SWIM 2:30 –5:00pm	KIDS FUN SWIM 2:30 –5:00pm	KIDS FUN SWIM 2:30–5:00pm	LEISURE & LENGTHS SWIM 4:00-6:30pm	LEISURE & LENGTHS SWIM 4:00-6:30pm
LEISURE & LENGTHS SWIM 5:00-6:15pm	LEISURE & LENGTHS SWIM 5:00-6:30pm	LEISURE & LENGTHS SWIM 5:00-6:15pm	LEISURE & LENGTHS SWIM 5:00-6:30pm	LEISURE & LENGTHS SWIM 5:00-6:15pm		
SINGLE LANE BOOKINGS 6:15-7:15pm	EVERYONE WELCOME 6:30 – 9:30pm	SINGLE LANE BOOKINGS 6:15-7:15pm	EVERYONE WELCOME 6:30 – 9:30pm	SINGLE LANE BOOKINGS 6:15-7:15pm	EVERYONE WELCOME 6:30 – 9:30pm	EVERYONE WELCOME 6:30 – 9:30pm
EVERYONE WELCOME 7:15 – 9:30pm		EVERYONE WELCOME 7:15 – 9:30pm		EVERYONE WELCOME 7:15 – 9:30pm		
LEISURE & LENGTHS SWIM 9:30pm -11:00pm	LEISURE & LENGTHS SWIM 9:30pm -11:00pm	LEISURE & LENGTHS SWIM 9:30pm -11:00pm	LEISURE & LENGTHS SWIM 9:30pm -11:00pm	LEISURE & LENGTHS SWIM 9:30pm -11:00pm	LEISURE & LENGTHS SWIM 9:30pm -11:00pm	LEISURE & LENGTHS SWIM 9:30pm -11:00pm
LATE NIGHT SWIM $3 Drop In 11:00pm-12:30am	LATE NIGHT SWIM $3 Drop In 11:00pm-12:30am	LATE NIGHT SWIM $3 Drop In 11:00pm-12:30am	LATE NIGHT SWIM $3 Drop In 11:00pm-12:30am	LATE NIGHT SWIM $3 Drop In 11:00pm-12:30am	LATE NIGHT SWIM $3 Drop In 11:00pm-12:30am	LATE NIGHT SWIM $3 Drop In 11:00pm-12:30am