

# Indoor Racquet Sports Schedule

(January 2–March 16, 2023)

## Henderson Recreation Centre

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pickleball Indoor Court Rental</b> 10:45–11:45am	<b>Pickleball Indoor Court Rental</b> 11:45am–12:45pm	<b>Pickleball Pre-registered Drop-in</b> 9:30–11:00am	<b>Pickleball Pre-registered Drop-in</b> 11:45am–1:15pm	<b>Pickleball Indoor Court Rental</b> 10:45–11:45am	THE GYM IS CLOSED for Spring Break.	
<b>Pickleball Pre-registered Drop-in</b> 11:45am–1:15pm		<b>Pickleball Pre-registered Drop-in</b> 11:00am–12:30pm	<b>Pickleball Pre-registered Drop-in</b> 1:30–3:00pm	<b>Pickleball Pre-registered Drop-in</b> 11:45am–1:15pm		
<b>Badminton Indoor Court Rental</b> 1:30–2:30pm		<b>Pickleball Indoor Court Rental</b> 12:45–1:45pm	<b>Pickleball Indoor Court Rental</b> 1:30–2:30pm	<b>Badminton Indoor Court Rental</b> 1:30–2:30pm		<b>Youth Badminton Social</b> 4:15–5:15pm
<b>Badminton Indoor Court Rental</b> 2:30–3:30pm	<b>Badminton Everyone Welcome Pre-registered Drop-in</b> 7:00–8:30pm	<b>Pickleball Indoor Court Rental</b> 2:00–3:00pm	<b>Badminton Everyone Welcome Pre-registered Drop-in</b> 7:00–8:30pm	<b>Badminton Indoor Court Rental</b> 2:30–3:30pm	<b>Badminton Indoor Court Rental</b> 5:45–6:45pm	<b>Table Tennis Everyone Welcome Pre-registered Drop-in</b> 6:00–7:30pm
	<b>Advanced Badminton Pre-registered Drop-in</b> 8:35–10:00pm	<b>Table Tennis Everyone Welcome Pre-registered Drop-in</b> 7:30–9:00pm	<b>Advanced Badminton Pre-registered Drop-in</b> 8:35–10:00pm	<b>Pickleball Indoor Court Rental</b> 5:45–6:45pm	<b>Badminton Indoor Court Rental</b> 7:00–8:00pm	<b>Table Tennis Everyone Welcome Pre-registered Drop-in</b> 7:30–9:00pm

## Session Descriptions

### Badminton & Table Tennis Everyone Welcome 16 yrs+

Drop-in for a variety of levels from beginner to advance, the focus is on fun! Please note: Staff will help pair court groupings to ensure all players skills and abilities are met. Bring your own racquet—we provide the birdies and balls!

#### Advanced Play Badminton 16 yrs+

For intermediate and advanced level players ready to take their game to the next level. Please note: Players may determine their own skill level but should be ready for competitive play. Bring your own racquet—we provide the birdies!

**NOTE:** This session is not suited for beginners.

### Youth Badminton Social 8-15 yrs

This youth drop-in nights is the perfect place to practice your skills, meet other players, and try something new. The focus is on fun! Bring your own racquet.

## How to Register

Have fun and socialize while working on agility, fitness and strategy. Bring your own equipment.

1. Ensure your Oak Bay online account and login is set up.
2. Go to: [oakbayrec.perfectmind.com](http://oakbayrec.perfectmind.com) and login using your user ID and password.
3. Click the **Schedule** button near the top left of the screen.
4. Under the Racquet Sports menu select **Table Tennis, Pickleball or Badminton Sessions**.
5. Select the date of the session you wish to register for, click **Register**.

**NOTE:** All sessions are available for viewing online

however registration will only open 24 hours prior to the start of each session.

6. On the next screen, click **Register** a second time.
7. Select the person to register in the session and select **Next**.
8. Select your method of payment.

**NOTE:** Payment is required at time of booking. You may cancel your session up to four hours in advance. (Ten years old and up are welcome to participate in the court rentals, however one adult 19 years or above must be present and playing.)