



## **JOB OPPORTUNITIES - AUXILIARY**

(These are Union positions)

POSTING #2021-27

### **GROUP FITNESS INSTRUCTOR** Oak Bay & Henderson Recreation Centres

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Are you looking for a Career in Fitness? Oak Bay Recreation is looking for the right candidate to teach group classes in **Total Body Training**. Total Body Training provides an optimal full-body workout to improve your cardiovascular capability and overall strength. Achieve and/or maintain a toned body, healthy weight, and increased bone density with strength-training exercises designed for all fitness levels; enjoy your workouts with safe, creative uses of body weight and a variety of equipment.

Instructors are responsible for delivering high quality group exercise classes that meet the needs of our patrons at Recreation Oak Bay. Responsibilities include: lesson planning, organizing, maintaining a safe environment, and instructing fitness classes..

#### **Qualifications:**

- Previous fitness experience in a similar environment;
- Customer service and public relations experience;
- Must be a registered BCRPA Fitness Leader in group fitness, or equivalent;
- Current CPR-C and Emergency First Aid;
- Indoor cycling applicants require Indoor Cycling certification;
- Provision of a Police or RCMP Criminal Record check.

**Rates:** Group Fitness Instructor: \$23.62 - \$30.01 per hour + \$3.31 - \$4.21 per hour in lieu of benefits

**Hours:** Tuesdays, 6:30 – 7:30am (Henderson Centre)  
Thursdays, 6:30 – 7:30am (Henderson Centre)

*Instructing hours are dependent on registration. Additional shifts as required and may include weekdays, evenings, and weekends up to a maximum of 25 hours per week.*

Please submit applications by **4pm, Friday, July 30<sup>th</sup>, 2021** to:  
Job Application Drop Box, Recreation Oak Bay,  
1975 Bee Street, Victoria, V8R 5E6; or

Email: [recreationjobs@oakbay.ca](mailto:recreationjobs@oakbay.ca)

**Subject line in email should read: 2021-27 Group Fitness Instructor**

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