



THE CORPORATION OF THE DISTRICT OF OAK BAY  
MUNICIPAL HALL – 2167 OAK BAY AVENUE – VICTORIA, B.C. V8R 1G2  
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OFFICE OF THE MAYOR

## PROCLAMATION

### *“CMHA Mental Health Week”*

*May 7 – 13, 2018*

**Whereas**, CMHA Mental Health Week promotes mental health awareness through education campaigns, activities, and events and offers practical ways to maintain and improve mental health and support recovery from mental health problems and illnesses; and

**Whereas**, the Canadian Mental Health Association encourages everyone to Get Loud for mental health – to speak up and take action to improve mental health for all Canadians; and

**Whereas**, increased awareness and understanding of mental health will promote the use of mental health services and supports and ensure Canadians with mental health problems and illnesses are afforded the opportunity to recover; and

**Whereas**, the Canadian Mental Health Association actively supports and encourages good mental health in all aspects of our lives, during the CMHA Mental Health Week and throughout the year;

**NOW THEREFORE**, I, Nils Jensen, Mayor of Oak Bay, do hereby proclaim May 7 – 13, 2-018 “CMHA Mental Health Week” in Oak Bay.

Nils Jensen, Mayor  
District of Oak Bay

