

## PROCLAMATION

### ***Provincial Eating Disorder Awareness Week February 1<sup>st</sup> - 7<sup>th</sup>, 2023***

**WHEREAS** eating disorders have the highest mortality rate among all psychiatric illnesses and can develop in anyone, regardless of age, ethno-racial background, socioeconomic status, gender or ability; and

**WHEREAS** Provincial Eating Disorder Awareness Week (PEDAW) seeks to raise awareness of the prevalence and impacts of eating disorders, shed light on the dangerous and pervasive myths, and promote prevention; and

**WHEREAS** the National Eating Disorder Information Centre (NEDIC) is Canada's only national organization dedicated to helping those with eating disorder, food and weight preoccupation and related issues; and

**WHEREAS** the Provincial Eating Disorders Awareness (PEDAW) campaign launches annually in February with events and activities taking place throughout the year and is a BC Province wide effort to raise awareness around prevention and early intervention of eating disorders as well media literacy, resiliency, building healthy body image and self-esteem; and

**WHEREAS** PEDAW is led by Jessie's Legacy Eating Disorders Prevention Program at Family Services of the North Shore in collaboration with Kelty Mental Health Resource Centre, Looking Glass Foundation, St. Paul's Specialized Adult Eating Disorder Program, BC Children's Hospital Eating Disorders Program, Healthy Minds, Healthy Campus and Project True;

**NOW THEREFORE** I, Kevin Murdoch, Mayor of the District of Oak Bay, do hereby proclaim February 1<sup>st</sup> – 7<sup>th</sup>, 2023 as ***Provincial Eating Disorder Awareness Week***.



Kevin Murdoch, Mayor  
District of Oak Bay